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The Simple Guide To Child Trauma Simple Guides

The benefits of music are
monumental! Ukuleles are the perfect

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first instrument for kids to learn to play, and this book will show them why and how. Filled with basic instructions for holding positions, tuning, basic chords, and more, children will then learn and practice 24 songs, games, and activities. From

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songs about counting to songs about yoga, each musical activity provides a rich and playful learning experience kids will love! Award-winning children's songwriter, YouTube sensation, and official Kala Brand artist, author Emily Arrow has over 10

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years of experience working with children and teachers in music education.

Coloring is a most enjoyable activity that has several benefits. It helps boost your child's focus and concentration. The more complex the patterns are,

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the more that your child will be careful with every stroke of the crayon. He/she will become too focused in the moment that frustrations and other negative emotions will soon be forgotten. Grab a copy now!

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Author Arlene Karian opens the door to success for millions of parents now – and in the future. In "Mentoring Your Child To Win: The 7 Breakthrough Keys How A Single Former Welfare Mom Raised A Multi-Millionaire Kid", Arlene – “ The

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Parenting Mentor ” – provides you with a proven plan she created for herself and is now available to all who shape a child's consciousness. Easy and enjoyable to follow, parents will find the tools to create a bond with their children in an exciting new way.

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Recently validated by science,
Arlene's system will open a whole new
world of possibilities, empowering
you to raise extraordinary children
and also uplift you and your entire life
in the process. The simple secret:
Arlene became a mentor to her son by

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following a simple original system.

Now you can use Arlene's "Road Map to 21st Century Parenting" system to help your children avoid negative outside influences and achieve great things, so they become what they were meant to become. In "Mentoring Your

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Child To Win: The 7 Breakthrough
Keys How A Single Former Welfare
Mom Raised A Multi-Millionaire
Kid," you'll discover: • The 7 Keys to
21st Century Parenting • The 3
Scientific Research Secrets about
Parenting • How To Mentor Your

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Child to Excel • How to Raise an
Extraordinary Child • How To Get
Your Kid To Say 'No' to Outside
Influences Plus a lot more detailed,
step-by-step guidance, inspiration,
and help for parents and guardians to
modernize parenting with a new

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breakthrough approach to interface with these troubled times. In addition, the book reveals:

- Detoxing Your Mind: An Innovative Way to De-stress
- How To Effortlessly Organize Your Day
- Keeping The Love Alive In Spite Of Dishes, Laundry and

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Texting “ Mentoring is the new way, ” Arlene says. “ I raised my son to excel while on welfare. It's because I blended parenting with mentoring that my son became so extraordinary, successful, and a living role model of my work. Helping all parents bring

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out the best in their children,
whatever that might be, is now my
passion. ” Arlene believes that true
wealth comes from the wisdom of the
one who is shaping a child's life. Her
book will guide you on an incredible
new journey toward that

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end. Mentoring Your Child To Win:
The 7 Breakthrough Keys – How A
Single, Former Welfare Mom Raised
A Multi-Millionaire Kid brings
solutions for parenting in the 21st
Century.

"Featuring ASL signs plus fun songs

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and activities" --Cover.

The Simple Guide to Child Trauma
A Guide to Child Health
The Clinical Guide to Child
Psychiatry
A Therapist's Guide to Child
Development

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Parenting Done Right

Helping Your Anxious Child

Depression and Your Child

This book focuses on
counseling latency-aged
children, with emphasis on the
defiant and aggressive child. It

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addresses the specific training needs of those counseling these children and includes discussion of the developmental failures of many of the children sent for counseling, and a framework

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of the normal period of development called latency.
"Teaches school-age children cognitive-behavioral techniques to reduce and overcome anxiety, fears, and worry, through writing and

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drawing activities and self-help exercises and strategies. Includes introduction for parents"--Provided by publisher.

Seeing your child suffer in any way is a harrowing experience

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for any parent. Mental illness in children can be particularly draining due to the mystery surrounding it, and the issue of diagnosis at such a tender age. Depression and Your Child gives parents and

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caregivers a uniquely textured understanding of pediatric depression, its causes, its symptoms, and its treatments. Serani weaves her own personal experiences of being a depressed child along with

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her clinical experiences as a psychologist treating depressed children. Current research, treatments and trends are presented in easy to understand language and tough subjects like self-harm,

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suicide and recovery plans are addressed with supportive direction. Parents will learn tips on how to discipline a depressed child, what to expect from traditional treatments like psychotherapy

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and medication, how to use holistic methods to address depression, how to avoid caregiver burnout, and how to move through the trauma of diagnosis and plan for the future. Real life cases

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highlight the issues addressed in each chapter and resources and a glossary help to further understanding for those seeking additional information. Parents and caregivers are sure to find

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here a reassuring approach to childhood depression that highlights the needs of the child even while it emphasizes the need for caregivers to care for themselves and other family members as well.

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Children are a big responsibility but they fail to come with a manual or a guidebook. They teach you how to change their diaper and how to feed them, but then you get sent home and now

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what? New parents, and even old parents, can feel lost and overwhelmed about how to raise their children. It is easy to know what kind of child you don't want, but how to get the child that you do want? This

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book is your guideline and your lifeline to raising a child that you can be proud of.

Nobody wants to have a bratty child whose favorite word is no and who never listens; and this book will ensure that your

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child grows up with none of those bad traits and has all of the good ones. Learn how to raise a child who is happy, healthy, respectful and obedient; a child who is well equipped to succeed in life.

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The Simplest Baby Book in the
World

A Kid's Guide to

Understanding Parents

Healthy Children of Divorce in

10 Simple Steps

A Step-by-Step Guide for

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Parents

My Pearly Whites (A Coloring
Book for Children)

The Good Child Guide

Mentoring Your Child to Win

Did the ground just shake?

You're not just imagining it, it's

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probably an earthquake! An earthquake is a natural phenomenon that cannot be predicted. No instrument can tell when and where an earthquake will happen. So instead of trying to guess, it's better to be

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prepared. This book will detail what will happen when an Earthquake happens. Open this book today!

- What is trauma?
- How does it affect children?
- How can adults help?

Providing straightforward

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answers to these complex questions, The Simple Guide to Child Trauma is the perfect starting point for any adult caring for or working with a child who has experienced trauma. It will help them to understand more

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about a child's emotional and behavioural responses following trauma and provides welcome strategies to aid recovery.

Reassuring advice will also rejuvenate adults' abilities to face the challenges of supporting

Where To Download The Simple Guide To Child Trauma Simple Guides children.

Does your child often feel isolated and do they struggle to get involved in social situations? Are they nervous about what people think of them, or maybe they're just a little unsure of how

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they feel about themselves?

These could be signs that your child is experiencing low self-esteem. This practical guide combines proven cognitive-behavioural therapy methods used by child psychologists in

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schools with simple activities to help your child grow their self-esteem. It's aimed at children aged 7-11 because a lot happens in these years that can impact a child's sense of self-worth, not just now but for years

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to come. Your child will be guided, with the help of Bop - a friendly and supportive character they can identify with - through fun and engaging activities which are interspersed with useful tips, inspirational statements and

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practical information for parents.
Describes how to make a home
safe for children, with information
on childproofing and fireproofing,
preventing toxic poisoning,
choosing safe cribs, strollers,
and toys

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A Discussion Guide for Parents
A Kid's Guide to Overcoming
Anxiety
24 Songs to Learn and Play
Minimize the Effects of Divorce
on Your Children
The Illustrated, Grab-And-Do

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Guide for a Healthy, Happy Baby
Dyslexia: Time For Talent
Simple Guide to Child Restraints
Most children are afraid of the dark.
Some fear monsters under the bed.
But at least ten percent of children
have excessive fears and

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worries—phobias, separation anxiety, panic attacks, social anxiety, or obsessive-compulsive disorder—that can hold them back and keep them from fully enjoying childhood. If your child suffers from any of these forms of anxiety, the

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program in this book offers practical, scientifically proven tools that can help. Now in its second edition, *Helping Your Anxious Child* has been expanded and updated to include the latest research and techniques for managing child

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anxiety. The book offers proven effective skills based in cognitive behavioral therapy (CBT) to aid you in helping your child overcome intense fears and worries. You'll also find out how to relieve your child's anxious feelings while

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parenting with compassion. Inside, you will learn to: Help your child practice “detective thinking” to recognize irrational worries What to do when your child becomes frightened How to gently and gradually expose your child to

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challenging situations Help your
child learn important social skills
This book has been awarded The
Association for Behavioral and
Cognitive Therapies Self-Help Seal
of Merit—an award bestowed on
outstanding self-help books that are

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consistent with cognitive behavioral therapy (CBT) principles and that incorporate scientifically tested strategies for overcoming mental health difficulties. Used alone or in conjunction with therapy, our books offer powerful tools readers can use

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to jump-start changes in their lives.

- LARGE PRINT EDITION - More children than ever are facing life without one or both parents.

Absentee parent questions rank among the top parent and guardian concerns - until now. In Absentee

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Parent Left Behind Child, parenting expert and author, Scott Luper, MA, gives help and hope to the multitude of caregivers facing the realities of raising the child of an absentee parent. Using experiences from his son's

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absentee parent questions and the information gathered from single and absentee parent interviews, Mr. Luper lays out the concise, easy to follow plan that helps caregivers answer these difficult and extremely important questions. Mr. Luper also

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shows, with real world examples and proven strategies, how to, not only answer absentee parent questions but also, use these opportunities to bring parents and children closer. Features: The child's point of view The step by

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step process Examples and
discussions from real world
situations The two moment strategy
The seven pitfalls to avoid Tips and
strategies to help children thrive
The Simplest Baby Book in the
World is the illustrated grab-and-do

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guide for a new generation of first-time parents who want their information quick, concise, and practical. It makes raising a baby simpler by curating and distilling all the first-year baby basics down to their essentials. You will quickly

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and easily find simple solutions and have proven techniques at your fingertips when you need them the most whether it's 2 a.m. or 2 p.m.

- * Phonics based * 108 easy lessons
- * 3 lessons per week * Less than 30 minutes a day * Fully scripted *

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Christian content * Original stories
and poems * Introduction to
punctuation and capitalization *
Hands-on activities * Writing and
drawing activities * Homeschool
family tested * 512 pages
A Guide to Giving Your Child an

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Emotional Head Start

A Children's Book about Parent-
child Relationships

A Topical Guide for Child Raising
from the Book of Proverbs

Teaching Your Child to Love
Learning

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An Easy Guide to Building Your
Child ' s Independence and Success
in School

Every Child Matters

My Child Won't Sleep

· What are attachment
difficulties? · How do they affect

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children? · How can you help?

This book provides clear and concise answers to these important questions - and more. Much more than just a simple introduction to the subject of attachment, the book is also full

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of advice and practical ideas you can try. It tackles some challenging questions, such as 'what is the difference between trauma and attachment?', and explains how having an understanding of attachment is

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only part of the overall picture when it comes to caring for traumatized children. It is an essential read for any adult parenting or caring for a child who has experienced attachment difficulties.

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This acclaimed guide to children's physical, psychological and spiritual development is now available in a fourth revised edition. Combining up-to-date medical advice with issues of development and education, this

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is a definitive guide for parents. This is the book for anyone who has ever wanted a deeper understanding of their children's illnesses, or sought a more holistic approach to children's health. As well as

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comprehensively covering medical issues, it also discusses parenting techniques, education, spirituality and play -- a truly integrated approach to all aspects of raising healthy children in the broadest sense.

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The authors have over 20 years' experience treating children at Herdecke Hospital, Germany, which is run using anthroposophical principles. The fourth edition includes updates on treatments for tonsillitis, croup,

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sunstroke and headlice. The section on vaccinations includes the latest recommendations including measles, meningococcal and HPV. There is also a new section on electromagnetic pollution,

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including mobile (cell) phones.
What Can You Do As A Parent
To Minimize The Impact of
Divorce On Your Children? -Do
you worry that your divorce will
have a negative impact on your
child's life? -Are you and your

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child's other parent locked in a cycle of resentment and dysfunction? -Do you want to do everything in your power to create a healthy future life for you and your child? This book will provide you with all of these

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answers and more. It is easy-to-read and includes actionable steps to ensure the best outcome for your children. The simple, yet life-changing ten-step process this book outlines will help you to: -Make the best

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choices for your children to ensure their long-term health

- Partner with your co-parent for the sake of your children
- Take actions that will protect your children during this time
- Communicate productively with

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your co-parent -Release the past
so you can create a love-filled
future with your children Praise
for the author's best-selling book
The 7 Fatal Mistakes Divorced
and Separated Parents Make:
Strategies for Raising Healthy

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Children of Divorce and Conflict:
"This book is a must-read for
parents contemplating divorce,
those already in the divorce
process, and those who have a
parenting plan in place... - Albert
V. Evans, Family Law Attorney

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"This wonderful book should be required reading and writing for every divorced or never-married parent." - Dr. Shirley Thomas, counsellor and author

Who says your baby can't "talk" about his or her feelings? In fact,

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babies' actions often speak louder than words! Understanding those actions—and responding appropriately to them—is the key to giving your child a head start to a healthy and happy future.

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Now the authors of the bestselling *Baby Minds* and *Baby Signs* translate the latest research on the rich inner life of babies into practical, fun activities that will foster your child's emotional skills during

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the most critical period—between birth and age three. This comprehensive guide will help you help your child express emotions effectively, develop empathy, form healthy friendships, and cope with

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specific challenges. Learn how to:

- Talk with your child about emotions in order to help him recognize and control his own
- Use face-to-face interaction, tone of voice, song, and touch to make your infant feel safe and

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secure • Start a gratitude journal to help your child appreciate the good things in life • Nurture self-esteem with “try, try again” activities and simple chores • Create a “What are they feeling” deck of cards to help

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your child understand and practice emotions •Use games and songs to help your child practice self-control •Overcome temper tantrums, aggression, shyness, separation anxiety, and other challenges Whether your

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child is as easy to raise as a sunflower, as difficult as the prickly holly bush, requires the patience of the delicate orchid, or is as active as the exuberant dandelion, Baby Hearts helps you provide the emotional

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support that may be the most important gift a parent can give.

Baby Hearts

Child's Guide to the Mass

A Parents' Guide to Child

Discipline

What to Do When You Worry

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Too Much

The Complete Idiot's Guide to
Child Safety

A Basic Guide to Helping
Troubled and Aggressive Youth
A Guide to Teach Your Child to
Read

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A Mermaid's Guide is a modern, practical book, which will turn your child into a confident swimmer using the unique Relaxation Based Swimming Method. This book contains

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a step-by-step guide to creating strong, joyful swimmers. The book also includes bathtub exercises to do with your baby from as early as three months old to help them prepare

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for formal lessons, and simple empowerment phrases to use with your child around the pool to build a positive, trust-based, relationship with the water. Enclosed you'll

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find over fifty stunning photos, progression charts, illustrations, and case studies to help you on your journey. This book contains myth busters including why teaching

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your child to kick and blow bubbles is outdated and should be replaced with floating on their tummies. The book answers questions such as "What is the best age to start swim

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lessons?" and "What is dry-drowning?" You'll also discover the five life-changing "Mermaid Golden Rules" every parent should utilize on a daily basis with their toddlers both

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in and out of the pool. A Mermaid's Guide provides the RBL Personality Chart system, which sheds light on why some children love swimming while some are hard adapters and how to

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help your child love it!

Simplifying a complex subject. Child psychology is required for college level psych and elementary education majors. It is a complex subject that can

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include developmental psychology, biology, sociological psychology, and various schools of theory and therapies. The only sources of information about this

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complex subject are long, expensive textbooks. Until now. This, the first trade book to give a detailed, easy to understand explanation of the subject. ? Age-by-age

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discussion of the
psychological development
of children.

A Catholic boy describes
preparations for his First
Holy Communion, the
ceremony itself, and how

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it feels to be with Jesus
in a special new way.
Increase your child's
dental awareness by
showing him/her that teeth
have "emotions" too!
Coloring introduces

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feelings, concepts and emotions quite well. It is an activity well-loved because of its many benefits, especially the formation of essential life skills like patience,

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determination control and
self-confidence too.

Control your child's fear
of the dentist; grab a
copy of this coloring book
today!

101 Signs to Start

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Simple Guides

Communicating with Your
Child Now

A Mermaid's Guide

Personalized Children's

Books, Personalized Gifts,
and Bedtime Stories

A Quick Guide for the

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Simple Guides

Sleep-Deprived Parent

What They Are and How to

Help

Reading Made Easy

Investigating Physical

Abuse and Homicide

This book is uniquely original

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and can be personalized with any girl's name. How fun is that? Think of the possibilities: baby or shower gifts, birthdays, a special something from grandma, and more. You can purchase the book as

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shown, using Faith in the title, or personalize it to suit your specific needs. Simply contact us at eStoryTime.com BEFORE placing your Amazon order and we'll take care of the rest. After contacting us, you'll

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still need to order the book through Amazon, so we'll send you a direct link to use when placing your order. It will assure the book is personalized with the name you've requested. We've taken

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the worry out of the process and your child will be thrilled with the final product. Who doesn't like to see their name on the cover or hear it related throughout the story? The author, Melissa Ryan, is the

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mother of five children and knows the importance of reading to your little ones. It instills a love of books and fosters an active imagination in the youngest of readers. Help start them on a path of

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discovery with Melissa's stories. The tale of Faith is perfect for bedtime, especially when unleashing the child's wonder by using her own name. This is a book that can be enjoyed over and over

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again, and will be remembered long after the last page is read and the lights turned out. Faith's Hiccum-ups Day is beautifully written and will hold your child's attention while you share this delightful

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tale. Tag along with Faith as she giggles, HIC's, and jumps her way through a day with the hiccum-ups. See the silly things her family suggests to solve her problem. It's a day filled with enough fun for

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everyone. Faith will capture your heart, and the moments spent reading it together will build fond memories that will be cherished throughout the years. Your little girls grow up all too fast; make lasting

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impressions while you can.
This is just one of several
books offered by Melissa in
her ever-expanding children's
book series. You'll learn to
love and appreciate the extra
attention that goes into each

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volume. Special care is taken to keep the child's heart at the center of each story, helping them build character and learn something along the way.

Encourage that special child in your life to embrace what is

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truly unique, and sometimes funny, about their developing personalities. Spend a few minutes with Faith on her I-Didn't-Do-It kind of day and make bedtime special, while you create a binding

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relationship with the power of reading...you'll look back in awe at the foundations you've built. Please customize and purchase this book for a special little girl in your life today. Tags: personalized

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children's books, personalized
gifts, personalized baby gifts,
personalized, bedtime stories,
bedtime story, Faith, 1st
birthday gifts

Defines biological, adopted,
foster, and stepparents;

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discusses the needs of parents; explains how parents care for their children; and tells how to develop a good relationship with parents.

Help Your Kids Understand,
Learn, and Succeed in School

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and Life For parents of children ages 8 to 12. In Jumpstart Learning in Your Kids, Bridget Spackman, a public school educator and the YouTuber behind The Lettered Classroom, shares

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her expertise with parents to help educate and encourage children, learn how children succeed, and support lifelong education in the home and beyond. Instead of focusing only on children's books for

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your kids to work through alone, get the family book that can help you with educational, positive parenting. Jumpstart Learning in Your Kids is for any parent who is having trouble ensuring their child is

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receiving the education they deserve?and who wants to encourage their children to continue learning for their entire lives. Along with helpful tips and tricks, parents will be supported with numerous

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resources to jumpstart their child's education. Learn how children succeed?and how your conscious parenting can help them. Whether homeschooling or just trying to make sure you support your

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child's education in your home, ensuring that kids reach their potential is crucial. Author and educational expert Bridget Spackman is here to assist with Jumpstart Learning in Your Kids. This book will

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help you with:

- Learning more about the developmental levels of your kids and how they relate to learning
- Identifying appropriate learning times and various real-world opportunities that you

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can provide for your child at home • Strategies on how to help your children with problem solving, difficult tasks, and establishing a routine and schedule for success Readers of parenting

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books like The Read-Aloud Family by Sarah Mackenzie, The Whole-Brain Child by Daniel J. Siegel, The Well-Trained Mind by Susan Wise Bauer and Jessie Wise, or the DK books like Help Your Kids

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with Math by Barry Lewis will be encouraged and supported by Jumpstart Learning in Your Kids.

A child compares pets in this silly look at cats and dogs.

"My cat can sleep. My dog can

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sleep. My cat can sleep on top of my dog." Simple sentences and whimsical illustrations are ideal for toddlers, preschoolers, and beginning readers.

The Ultimate Guide for Parents

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and Children

My Cat, My Dog

The Big, Fancy Set of Kids'
Activities Coloring Book
Edition

The Complete Idiot's Guide to
Child and Adolescent

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Psychology

An Easy Guide for Raising a
Child That You Can Be Proud
Of

What It Is and How to Help
The 7 Breakthrough Keys How
a Single Former Welfare

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An introduction to the Mass guides readers through the various parts of the Mass, including the Introductory Rite, the Penitential Rite, the Liturgy of the Word, and the Eucharistic Prayer.

Why are there so many different

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sleep books out there? Why do all the "sleep experts" have a completely different method? Which method is the right one for my child? Why can't someone please just write a book that includes ALL of the different solutions that work?

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Good questions. This book is your answer. In just 50 pages, "My Child Won't Sleep" presents ALL of the solutions that have actual scientific data to back them. If it isn't proven to work, it's not in this book. The solutions are straight-forward, with

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easy-to-follow, step-by-step instructions that get to the point and get there quick.

A Therapist's Guide to Child Development gives therapists and counselors the basics they need to understand their clients in the

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context of development and to explain development to parents. The chapters take the reader through the various physical, social, and identity developments occurring at each age, explaining how each stage of development is closely linked to

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mental health and how that is revealed in therapy. This ideal guide for students, as well as early and experienced professionals, will also give readers the tools to communicate successfully with the child's guardians or teachers,

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including easy-to-read handouts that detail what kind of behaviors are not cause for concern and which behaviors mean it's time to seek help. As an aid to practitioners, this book matches developmental ages with appropriate, evidence-based

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mental health interventions.

Battered child syndrome is a tragic and disturbing phenomenon.

Unfortunately, it is a crime that is often successfully hidden by its perpetrators. Law enforcement has an important role to play in

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uncovering cases of battered child syndrome and gathering evidence for their successful prosecution.

This guide contains practical information on the circumstances that point to the willful rather than the accidental injury or death of an

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infant or child and the specific evidence required to prove it. It places special emphasis on obtaining an expert medical examination, immediately documenting the injuries through photographs, and collecting and preserving physical

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evidence. The guide also shows investigators how their interviews with caretakers, family members, neighbors, school personnel, and others can shed light on the treatment the child has received over time and produce witnesses who can

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corroborate or refute suspected abuse. Many jurisdictions are beginning to develop training programs to help police investigate this crime more effectively. This guide is an important contribution to this end and will aid child protection

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personnel and others in a position to identify, investigate, and prosecute cases of battered child syndrome.

Battered Child Syndrome

You're a Star

The Simple Guide to Attachment
Difficulties in Children

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Counseling the Defiant Child

The Science of Young Minds—Clear,
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A topical listing of proverbs

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