

Mid Life Career Rescue Employ Yourself 2018 How To Change Careers Confidently Leave A Job You Hate And Start Living A Life You Love Before It S Too Late

DO YOU JUMP OUT OF BED EVERY MORNING AND RUSH TO A JOB YOU LOVE? Or is the work you once enjoyed now just a way to pay the bills? Perhaps you're even doubting your career choice altogether. Let The Pathfinder guide you to a more engaging, fulfilling work life. Based on breakthrough techniques developed by Rockport Institute, an innovative and award-winning career-counseling network that has changed the lives of over 10,000 people, The Pathfinder offers invaluable advice and more than 100 self-tests and diagnostic tools that will help you choose an entirely new career -- or view a current job from a new, more positive perspective. You'll learn: * How to design your new career direction step by step so that it fits your talents, personality, needs, goals, values, and is, at the same time, practical and attainable * How to deal successfully with the "yeah but" voices in your head that keep you going back to the same old ill-fitting job, day after day * How to land the perfect job in your new field, plus tips on writing a really exceptional résumé, personal marketing, and networking (even for those who hate to network) Whether you're a seasoned professional in search of a career change or a beginner just entering the working world, you want to make the right choices from the beginning. No matter where you are in your journey, if you want work to be more of a dance than a drag, The Pathfinder will expertly coach you through the process of designing a career you will love.

Every researcher started somewhere. Most stumbled into UX from other career paths without any guidance. This practical book will teach you how to translate your past experiences and frame yourself as a budding researcher. Along the way you'll learn how to develop your skills, join the research community, build your research portfolio, write your UX resume, and find and interview for UX research jobs. If you want a career in UX research, this book is for you.

Honeybees make decisions collectively--and democratically. Every year, faced with the life-or-death problem of choosing and traveling to a new home, honeybees stake everything on a process that includes collective fact-finding, vigorous debate, and consensus building. In fact, as world-renowned animal behaviorist Thomas Seeley reveals, these incredible insects have much to teach us when it comes to collective wisdom and effective decision making. A remarkable and richly illustrated account of scientific discovery, Honeybee Democracy brings together, for the first time, decades of Seeley's pioneering research to tell the amazing story of house hunting and democratic debate among the honeybees. In the late spring and early summer, as a bee colony becomes overcrowded, a third of the hive stays behind and rears a new queen, while a swarm of thousands departs with the old queen to produce a daughter colony. Seeley describes how these bees evaluate potential nest sites, advertise their discoveries to one another, engage in open deliberation, choose a final site, and navigate together--as a swirling cloud of bees--to their new home. Seeley investigates how evolution has honed the decision-making methods of honeybees over millions of years, and he considers similarities between the ways that bee swarms and primate brains process information. He concludes that what works well for bees can also work well for people: any decision-making group should consist of individuals with shared interests and mutual respect, a leader's influence should be minimized, debate should be relied upon, diverse solutions should be sought, and the majority should be counted on for a dependable resolution. An impressive exploration of animal behavior, Honeybee Democracy shows that decision-making groups, whether honeybee or human, can be smarter than even the smartest individuals in them.

Cassandra Gaisford, a health counselor, and holistic psychologist (BCA, Dip Psych) provides a fresh sobriety solution. Anyone who needs to be kept on track or inspired to kick the drink habit and commit to living sober will find genuine help in this refreshingly insightful and solution-focused book.

How to Confidently Leave a Job You Hate, and Start Living a Life You Love, Before It's Too Late

Die vier essenziellen Regeln für Ihren Erfolg im Zeitalter der Künstlichen Intelligenz

Pivot

The Kite Runner

Mid-Life Career Rescue: Employ Yourself: How to Confidently Leave a Job You Hate, and Start Living a Life You Love, Before It's Too Late

Second-Act Careers

How Smart Professionals Change Careers - and Seize Success

Amazon #1 bestselling author and career expert Cassandra Gaisford (BCA, Dip Psych) provides simple but powerful and easy to implement ways to start a passion and purpose driven business

Publishers Weekly 10/14/74 Rescue Squad Larry Ferazani, MORROW An engrossing report of an unusual firefighting unit working in the shadow of Harvard, written by a man who has a love-hate relationship with his job. More philosophical than Dennis Smith in his best seller "Report from Engine Company 82," Ferazani would agree with Smith that firefighting is the most misunderstood and underrated job in the country. The Cambridge Rescue truck packs the usual fire gear but it is also stocked with sophisticated medical equipment. Besides answering fire alarms, it is called upon to assist victims of auto accidents drug users, attempted suicides and to quell Harvard Yard riots. The squad has freed a pregnant woman from a stalled elevator and given advice on a sick cat. Staffed by volunteers from the fire department, it takes dangerous and often repugnant tasks in its stride. Ferazani believes that such units set up on a national scale would be invaluable. While reporting his many exciting experiences he tells how the job affects his private life. Boston Globe by Patrick McGilligan In the middle of the night," he writes, "I still wonder sometimes if I am doing the right thing. To reach out, to help people, to find someone on the verge of death and be able to bring him back-for me, that 's a miracle. But how often can you come face to face with the endless fact of pain and death without losing courage in life. "That his book even considers such delicate questions, aside from its documentary capacity 's a tribute to its worth as a minor sketch of Americana." Dennis Smith Rescue Squad is a clear, gripping account about a group of extraordinary men who save lives as fireman and minister to the injured as paramedics. It is at times funny, at times sad, but always interesting and beautifully told.

The prize-winning PBS correspondent's provocative antidote to America's misguided approaches to K-12 school reform During an illustrious four-decade career at NPR and PBS, John Merrow—winner of the George Polk Award, the Peabody Award, and the McGraw Prize—reported from every state in the union, as well as from dozens of countries, on everything from the rise of district-wide cheating scandals and the corporate greed driving an ADD epidemic to teacher-training controversies and America's obsession with standardized testing. Along the way, he taught in a high school, at a historically black college, and at a federal penitentiary. Now, the revered education correspondent of PBS NewsHour distills his best thinking on education into a twelve-step approach to fixing a K-12 system that Merrow describes as being “addicted to reform” but unwilling to address the real issue: American public schools are ill-equipped to prepare young people for the challenges of the twenty-first century. This insightful book looks at how to turn digital natives into digital citizens and why it should be harder to become a teacher but easier to be one. Merrow offers smart, essential chapters—including “Measure What Matters,” and “Embrace Teachers”—that reflect his countless hours spent covering classrooms as well as corridors of power. His signature candid style of reportage comes to life as he shares lively anecdotes, schoolyard tales, and memories that are at once instructive and endearing. Addicted to Reform is written with the kind of passionate concern that could come only from a lifetime devoted to the people and places that constitute the foundation of our nation. It is a “big book” that forms an astute and urgent blueprint for providing a quality education to every American child.

Over 21 million copies sold worldwide

What Color Is Your Parachute? 2021

Real Stories, New Callings

Changing Careers After 40

Do Over

The Muddy Fingers Garden Crew to the Rescue!

Stress Less. Love Life More

I Want a UX Job!

There's no doubt modern life has become more and more stressful. Many people agree that the effect of stress is becoming harder for most people to handle. The pressures of work, relationships, families, the fast pace of life and increasing demands on your time can leave you in a state of turmoil. However, there is a cure--reclaiming joy by building greater resilience. In Stress Less. Love Life More best-selling author and former holistic therapist Cassandra Gaisford (BCA, Dip Psych) reveals dozens of insights based on positive psychology research, and professional achievements gained by successfully helping burned-out corporate executives, teenagers, extraordinary artists, authors, frazzled employees, and creative entrepreneurs and people from all walks of life, destress and succeed more. This book explores the effects of stress on the body and mind and offers practical solutions to achieving the right balance in our life. It explores ways to master effective stress management, as well as providing quick-fix stress relievers and ongoing therapies such as yoga, massage, nutrition, and meditation.

"Very entertaining. I highly recommend this book to the permanent library of any reader that appreciates a very well written mystery, with some twists and an intelligent plot. You will not be disappointed. Excellent way to spend a cold weekend!" --Books and Movie Reviews, Roberto Mattos (regarding Murder in the Manor) MURDER IN THE MANOR (A LACEY DOYLE COZY MYSTERY-BOOK 1) is the debut novel in a charming new cozy mystery series by Fiona Grace. Lacey Doyle, 39 years old and freshly divorced, needs a drastic change. She needs to quit her job, leave her horrendous boss and New York City, and walk away from the fast life. Making good on her childhood promise to herself, she decides to walk away from it all, and to relive a beloved childhood vacation in the quaint English seaside town of Wilfordshire. Wilfordshire is exactly as Lacey remembers it, with its ageless architecture, cobblestone streets, and with nature at its doorstep. Lacey doesn't want to go back home—and spontaneously, she decides to stay, and to give her childhood dream a try: she will open her own antique shop. Lacey finally feels that her life is taking a step in the right direction—until her new star customer turns up dead. As the newcomer in town, all eyes are on Lacey, and it's up to her to clear her own name. With a business to run, a next-door neighbor turned nemesis, a flirty baker across the street, and a crime to solve - is this new life all that Lacey thought it would be? DEATH AND A DOG (Book #2), CRIME IN A CAFE (Book #3), VEXED ON A VISIT (Book #4), and KILLED WITH A KISS (Book #5) are also now available!

Mid-Life Career Rescue will help take the stress out of making a change, confirm your best-fit career and give you the confidence to move toward your preferred future.

A NEW YORK TIMES, WALL STREET JOURNAL, AND USA TODAY BESTSELLER An intimate, powerful, and galvanizing memoir by Pulitzer Prize winner, human rights advocate, and former US Ambassador to the UN Samantha Power. Named one of the best books of the year: The New York Times • National Public Radio • Time • The Economist • The Washington Post • Vanity Fair • Christian Science Monitor • Publishers Weekly • Audible “Her highly personal and reflective memoir . . . is a must-read for anyone who cares about our role in a changing world.”—President Barack Obama Includes an updated afterword Tracing her distinctly American journey from immigrant to war correspondent to presidential Cabinet official, Samantha Power's acclaimed memoir is a unique blend of suspenseful storytelling, vivid character portraits, and shrewd political insight. After her critiques of US foreign policy caught the eye of Senator Barack Obama, he invited her to work with him on Capitol Hill and then on his

presidential campaign. When Obama won the presidency, Power went from being an activist outsider to serving as his human rights adviser and, in 2013, becoming the youngest-ever US Ambassador to the United Nations. Power transports us from her childhood in Dublin to the streets of war-torn Bosnia to the White House Situation Room and the world of high-stakes diplomacy, offering a compelling and deeply honest look at navigating the halls of power while trying to put one's ideals into practice. Along the way, she lays bare the searing battles and defining moments of her life, shows how she juggled the demands of a 24/7 national security job with raising two young children, and makes the case for how we each can advance the cause of human dignity. This is an unforgettable account of the power of idealism—and of one person's fierce determination to make a difference. "This is a wonderful book. [...] The interweaving of Power's personal story, family story, diplomatic history and moral arguments is executed seamlessly and with unblinking honesty."—THOMAS L. FRIEDMAN, *The New York Times* Book Review "Truly engrossing...A pleasure to read."—RACHEL MADDOW "A beautiful memoir about the times we're living in and the questions we must ask ourselves...I honestly couldn't put it down." —CHERYL STRAYED, author of *Wild* "Power's compelling memoir provides critically important insights we should all understand as we face some of the most vexing issues of our time." —BRYAN STEVENSON, author of *Just Mercy*

Well Worth Saving

Murder in the Manor (A Lacey Doyle Cozy Mystery—Book 1)

How to Make a Career Change Into UX Research

Addicted to Reform

My Mid-Life Crisis as a Volunteer Firefighter—EMT

Four Easy Steps to Discover A Job You Want And Live the Life You Love

A 12-Step Program to Rescue Public Education

The median age of workers in the U.S. will reach 36 by the year 2000. The number of workers between the ages of 35 and 47 will increase by 38%, while those aged 48 to 53 will grow by a staggering 67%. As a result, human resources managers will have to deal increasingly with the unique employee issues and personal mid-life stresses which affect work performance. Waskel discusses this "middle-aging" of the work force, and its impact on workplace productivity. Not only does Waskel's book explain the symptomology of mid-life and its effects, but also suggests programs and counseling groups, to which employees can be referred.

A career guide that rethinks the golden years, this handbook offers 50+ income models for creating flexible, fulfilling, and profitable work during the encore stage of one's career. **RETHINK YOUR RETIREMENT** For many people, retirement is no longer a trifecta of golf, grandkids, and gardening—it's an opportunity for new pursuits that involve both earning income and exploring personal passions. If you're planning for retirement or already at "retirement age" but want to continue working—whether to supplement your income or to stay mentally and physically active—veteran career coach Nancy Collamer shows how to identify your favorite interests and expertise and repackage them into more than fifty ways to earn income. These second acts range from the traditional (part-time employment, consulting) to newer Internet-based options (teaching online, writing a blog). With a prescriptive approach to securing second-act careers that are flexible, fulfilling, and fun, this book offers a wide variety of income-generating examples as well as exercises to clarify your lifestyle goals and help you plan for your next move. **Second-Act Careers** shows how to create a profitable and meaningful semi-retirement on your own terms and in your own way.

From the founder of the influential website *Career Contessa*, an invaluable career resource for women feeling stuck or unfulfilled that combines actionable advice, learning tools to make impactful life changes, and an in-depth discussion of how to build a meaningful career on your terms. With her popular website *Career Contessa*, Lauren McGoodwin built an audience of ambitious, professional, millennial women who thought they did everything right—they got the degree, the internship, and even the promotion—but still wondered why they felt stuck and unfulfilled. The first site of its kind to focus on the unique, complex aspects of women's careers, *Career Contessa* offers women the smart advice they deserve, in a voice that resonates. Drawing on the insights and lessons developed from *Career Contessa*, *Power Moves* is the essential handbook that helps professional women truly feel understood so they can bypass perfection and planning and head straight to evolving. McGoodwin addresses young professionals' number-one concern: career transitions and growth, and engages them with specific goals, including: What is a Power Move and why they matter Cutting out comparison, shame, and self-loathing How to abandon the elusive "dream job" Embracing your inner questioner, your inner quester, and your inner-quitter Making money moves and taking control of your financial future Tuning out from the noise and tuning into your voice *Power Moves* is filled with the information, guidance, advice, and essential tools, (including helpful graphics) that can help women take decisive, bold steps without self-doubt and fear, *Power Moves* shows women how to build a successful career on their own terms.

Golding's iconic 1954 novel, now with a new foreword by Lois Lowry, remains one of the greatest books ever written for young adults and an unforgettable classic for readers of any age. This edition includes a new *Suggestions for Further Reading* by Jennifer Buehler. At the dawn of the next world war, a plane crashes on an uncharted island, stranding a group of schoolboys. At first, with no adult supervision, their freedom is something to celebrate. This far from civilization they can do anything they want. Anything. But as order collapses, as strange howls echo in the night, as terror begins its reign, the hope of adventure seems as far removed from reality as the hope of being rescued.

Education Edition

How to Stop Worrying, Reduce Anxiety, Eliminate Negative Thinking and Find Happiness

The Education of an Idealist

Your Guide to a Lifetime of Meaningful Work and Career Success

Boomer Reinvention

On the Move!

The Tale of Despereaux

Rita, Dan, Max and Ted are on the move in Trucktown! Kids will have hands-on fun with a movable part on each spread! Swing Wrecker Rosie's wrecking ball, spin Monster Truck Max's wheel, dump gravel from Dump Truck Dan's bed, and move Tow Truck Ted's hook up and down as he saves a good friend!

It takes a graveyard to raise a child. Nobody Owens, known as Bod, is a normal boy. He would be completely normal if he didn't live in a graveyard, being raised by ghosts, with a guardian who belongs to neither the world of the living nor the dead. There are adventures in the graveyard for a boy—an ancient Indigo Man, a gateway to the abandoned city of ghouls, the strange and terrible Sleur. But if Bod leaves the graveyard, he will be in danger from the man Jack—who has already killed Bod's family.

"A harrowing account of the profoundly consequential decisions American universities made about refugee scholars from Nazi-dominated Europe. The United States' role in saving Europe's intellectual elite from the Nazis is often told as a tale of triumph, which in many ways it was. America welcomed Albert Einstein and Enrico Fermi, Hannah Arendt and Herbert Marcuse, Rudolf Carnap and Richard Courant, among hundreds of other physicists, philosophers, mathematicians, historians, chemists, and linguists who transformed the American academy. Yet for every scholar who survived and thrived, many, many more did not. To be hired by an American university, a refugee scholar had to be world-class and well connected, not too old and not too young, not too right and not too left and, most important, not too Jewish. Those who were unable to flee were left to face the horrors of the Holocaust. In this rigorously researched book, Laurel Leff rescues from obscurity scholars who were deemed "not worth saving" and tells the riveting, full story of the hiring decisions universities made during the Nazi era."--Provided by publisher.

Living in a "perfect" world without social ills, a boy approaches the time when he will receive a life assignment from the Elders, but his selection leads him to a mysterious man known as the Giver, who reveals the dark secrets behind the utopian facade.

Cast Member Confidential

The Call For Change 2020: How to Change Careers, Confidently Leave a Job You Hate, and Start Living a Life You Love, Before It's Too Late

How to Find Your Joy and Purpose

Mid-life Issues and the Workplace of the 90s

A & P

Medical Medium Celery Juice

The Art of Career Change for Introverts

Most firefighters join the fire service when they are young—their teens or early twenties. Alan Knoche was an exception in that he joined when he was in his late thirties. He had a lot of catching up to do, but with life experiences in the Navy, the submarine service, and working at a nuclear power facility behind him, he quickly progressed from rookie to assistant fire chief. A top responder in a volunteer fire department that answered an average of two emergency calls a day, he fought fires, cut people out of crushed automobiles, and rescued victims from everything from a quarry collapse to a gumball machine. As an EMT, he also responded to thousands of medical and trauma calls and helped people who were experiencing the worst day of their lives. These stories relate some of the emergencies he faced on his "second job." They are gritty, often challenging, and sometimes sad, but actual life-threatening incidents are seldom pleasant. That's not to say it's all serious. The occasional humorous or comical event is what helps emergency responders cope with the catastrophic and tragic sights they see on a daily basis. The men and women he served with are some of the most dedicated, talented, resourceful, skilled, and sometimes insane people you could ever hope to show up when you're having your worst day. They made these stories possible.

From the New York Times–bestselling author of Quitter and Start comes the definitive guide to getting your dream job. When you don't like your job, Sunday isn't really a weekend day. It's just pre-Monday. But what if you could call a Do Over and actually look forward to Monday? Starting on the first day you got paid to scoop ice cream or restock shelves, you've had the chance to develop the four elements all great careers have in common:

relationships, skills, character, and hustle. You already have each of those, to one degree or another. Now it's time to amplify them and apply them in a new way, so you can call a Do Over on your career, at any age. You'll need a Do Over because you'll eventually face at least one of these major transitions: • You'll hit a Career Ceiling and get stuck, requiring sharp skills to free yourself. • You'll experience a Career Bump and unexpectedly lose your job, requiring strong relationships to survive. • You'll make a Career Jump to a new role, requiring solid character to push through uncertainty and chaos. • You'll get a surprise Career Opportunity, requiring dedicated hustle to take advantage of it. Jon Acuff's unique approach will give you the resources to reinvent your work, get unstuck, and get the job you've always wanted!

Instead of running away to the circus, Mitchell fled to Disney World in search of some desperately needed magic. However, in his journey through manufactured happiness, life becomes far stranger than any animated fiction.

Public speaker, transformative teacher, and CEO of Peak Potentials, Adam Markel has been inspiring people to find their best work for years. Now, for the first time, he presents his practical program for people who are looking to reinvent themselves. Here's how to "get in touch with your real self, decide exactly who you are and what you want, and make your life into a masterpiece," raves Brian Tracy, author of The Power of Self-Confidence. Whether you are out of work or want to change where you are now, Pivot inspires you on a cellular level to make lasting life changes possible. This seminal guide to successfully changing your life for the better provides stories, prompts, clear step-by-step exercises, and calls to actions throughout. You'll follow the steps of career reinvention: Creating a Vision, Getting Clear, Having a Definite Plan, Thinking Boldly, Relentless Focus, Support, and Spiritual Practice. By changing self-limiting beliefs—the internal pivot to finding clarity about what you want—you can effectively deal with the mental and emotional obstacles that normally stop you from reaching your career goals. Based on his own personal story and the success of thousands of students, Markel provides a clear and applicable program perfect for "taking charge of your life and realizing your potential" (Sharon Lechter, author of Think and Grow Rich for Women).

Honeybee Democracy

Lord of the Flies

Rescue Squad

Rejacketed

Are Multiple Career Acts Right for You? (Mini EBook)

Mid-Life Career Rescue (What Makes You Happy)

Fire-Rescue 59

You can design your own career, so you love what you do! You only have one life: why settle for anything less? Whether you're an entrepreneur or working within a company, Get a Life, Not a Job shows how you can make it happen for yourself. You'll learn how to move towards a fulfilling career that offers greater work-life balance, financial security, and personal control over your future -- and more sheer pleasure and inspiration from the work you do. You'll learn how to allocate more time to roles you enjoy, and shed roles you can't stand... identify career choices you'll be passionate about, and build your skills and abilities to match them... improve your career without leaving your employer, and make your position more resistant to downsizing... define a mix of several stimulating and liberating wealth-building activities that keep your life engaged and balanced... keep personal relationships healthy while you pursue work you'll love. This book doesn't just teach you powerful career techniques: it profiles people in all walks of life who've used these them to build truly inspiring careers. With greater workplace uncertainty than ever, you can no longer afford to let anyone else control your destiny — or to maintain outdated "psychological contracts" with your employer. You need to take control of your own career and future. With this book's help, you can do just that — and make work more fulfilling than you ever dreamt possible.

Jamal Livingston is stressed out. His community garden is in jeopardy of closure, because volunteers are squabbling and an angry neighbor is threatening to have the garden shut down completely. A horrible prospect! Not only do Jamal and the others share their produce with the local food pantry, they teach others how to garden and eat healthy. When Jamal shares the news with his friends at school, the children are beside themselves. Close the garden? When it's doing so much good? Absurd. The students of Beacon Academy won't stand for it. If the neighbors won't volunteer to work the garden, then they will. The kids are experts now. They can handle any gardening challenge! It's the moment Jamal learns the true power of community outreach. But as the kids work their plan, they quickly discover there's more at play than cranky volunteers and an unhappy neighbor. A lot more, including Mother Nature herself. The kids might have piles of energy, but can they overcome all obstacles and save the garden? Find out in book 3 of the Wild Tales & Garden Thrills series...

Amazon #1 bestselling author and career expert Cassandra Gaisford (BCA, Dip Psych) provides simple but powerful and easy to implement ways to boost your happiness, find your passion and purpose, and change careers.

A brave mouse, a covetous rat, a wishful serving girl, and a princess named Pea come together in Kate DiCamillo's Newbery Medal-winning tale. Welcome to the story of Despereaux Tilling, a mouse who is in love with music, stories, and a princess named Pea. It is also the story of a rat called Roscuro, who lives in the darkness and covets a world filled with light. And it is the story of Miggery Sow, a slow-witted serving girl who harbors a simple, impossible wish. These three characters are about to embark on a journey that will lead them down into a horrible dungeon, up into a glittering castle, and, ultimately, into each other's lives. What happens then? As Kate DiCamillo would say: Reader, it is your destiny to find out. With black-and-white illustrations and a refreshed cover by Timothy Basil Ering.

How to Stop Chasing the Wrong Jobs, Utilise Your Strengths, and Build Your Ideal Career

The Graveyard Book

Das Future-Proof-Mindset

Lust in the Aisles

Switchers

Power Moves

How to Create Your Dream Career Over 50

Digitalisierung, Globalisierung, Pandemien - unsere Welt befindet sich in einem fundamentalen Umbruch. Allein in den nächsten Jahren werden bis zu 50 Prozent der Arbeitsplätze aufgrund von Automatisierung wegfallen. Der überwiegende Teil der neu entstehenden Arbeitsplätze wird völlig neue Fähigkeiten erfordern. Diese rasch fortschreitenden Veränderungen bedrohen die Existenzgrundlage von Millionen von Menschen. Doch was bedeuten sie für jeden von uns? Welche Jobs werden in Zukunft gefragt, welche Fähigkeiten relevant sein und wie können Sie sich persönlich am besten darauf einstellen? "Das Future-Proof-Mindset" bietet eine für jeden umsetzbare Schritt-für-Schritt-Anleitung für eine erfolgreiche Navigation in dieser ungewissen Welt - anwendbar in nahezu allen Branchen und Karrierestadien. Mit konkreten Strategien zeichnet Sandra Navidi auf, wie Sie sich am besten positionieren, um sich "future proof", also zukunftsicher, zu machen. Es bietet eine Anleitung, wie Sie sich selbst "disrupten", also sich stetig hinterfragen und verbessern, um so Ihre beruflichen Überlebensfähigkeiten zu kultivieren und einen unschlagbaren Wettbewerbsvorteil zu erlangen. Basierend auf neuesten wissenschaftlichen Erkenntnissen und unterhaltsam an zahlreichen Fallbeispielen veranschaulicht, wird Sie "Das Future-Proof-Mindset" inspirieren, motivieren und befähigen, Ihr persönliches Potenzial im Zeitalter der Digitalisierung vollumfänglich zu verwirklichen.

Do you feel trapped in a job you hate? Have you repeatedly switched jobs, only to find yourself in a new place, but with the same old problems? Does the life you dream of always seem to be just out of reach? Our career choices are driven by a multitude of factors. But what if we've been consistently programmed to make the wrong choices? What if those choices eventually start to impact on our health, relationships, motivation, productivity and even on the quality of our sleep? An estimated 36 - 50 percent of us are thought to have introverted personality characteristics. For this significant proportion of the population, the pressure to conform to an extroverted world can be all-encompassing. From early years, to the schoolroom, to the world of work, introverts' inner preferences are overridden in favour of outward acceptance within teams or groups. But on the inside, this imbalance between inner preferences and outward actions can end up taking those with introverted characteristics down a path of energy draining life traps. So, how do we change course for the better? Rebecca Healey left a decade-long career as a city-based management accountant in her early thirties. She went on to train in medicine, qualifying as a doctor in 2016. A self-proclaimed introvert, Rebecca was inspired to write by the recurring challenges experienced across two distinctly different industries, and the strategies she adopted to eventually overcome them. Using her own experience, she has created 10 landmark steps to set you up for career change success. Following these steps will equip you with the tools you need to carve out your dream career, without sacrificing your health or identity in the process. In *The Art of Career Change for Introverts*, you will learn how to: Implement tips to improve your situation straight away Discover, utilise, and maximise your hidden strengths Use stressors to your advantage Understand and overcome the psychological barriers holding you back Create a blueprint for the career you want and step by step plan on how to get there Break down your current role, find your niche, and rebuild the life you always wanted Packed with pearls of wisdom and inspiration, this book will ignite the changes you need to flourish in a way you had never thought possible. Whether you're searching for your dream career, your next role, or preparing for a promotion, *The Art of Career Change for Introverts* will empower you with the ideal launch pad for success!

In today's challenging job-market, as recent grads face a shifting economic landscape and seek work that pays and inspires, as workers are laid off mid-career, and as people search for an inspiring work-life change, the time-tested advice of *What Color Is Your Parachute?* is needed more than ever. This new edition has been fully revised for 2021 by Vanderbilt University Career Center Director Katharine Brooks, EdD, with modern advice on the job hunt strategies that are working today, such as building an online resume, making the most of social media tools, and acing Skype interviews. Building on the wisdom of original author Richard N. Bolles, this edition updates the famed Flower Exercise (which walks job seekers through the seven ways of thinking about themselves) and demystifies the entire job-search process, from writing resumes to interviewing and networking. With the unique and authoritative guidance of *What Color Is Your Parachute?*, job-hunters and career changers will have all the tools they need to discover--and land--their dream job.

"A personal development approach to discovering, nurturing and defining the new second-act career that's already inside you. The book's 5-step methodology contains 23 practical and accessible strategies to turn your new job or new business idea into a reality."--Back cover.

The Pathfinder

Holes

A Disneyfied Memoir

50+ Ways to Profit from Your Passions During Semi-Retirement

Mind Your Drink

The Art and Science of Reinventing Your Career and Life

A Memoir

Focus Your Energy and Time to Achieve Outstanding Personal and Professional Results With Absolute Health, Certainty and Excitement. Discover How to Find Your Joy and Purpose

Celery juice is everywhere for a reason: because it's saving lives as it restores people's health one symptom at a time. From celebrities posting about their daily celery juice routines to people from all walks of life sharing pictures and testimonials of their dramatic recovery stories, celery juice is revealing itself to ignite healing when all odds seem against it. What began decades ago as a quiet movement has become a global healing revolution. In *Celery Juice: The Most Powerful Medicine of Our Time Healing Millions Worldwide*, Anthony William, the originator of the global celery juice movement, introduces you to celery juice's incredible ability to create sweeping improvements on every level of our health: □ Healing the gut and relieving digestive disorders □ Balancing blood sugar, blood pressure, weight, and adrenal function □ Neutralizing and flushing toxins from the liver and brain □ Restoring health in people who suffer from a vast range of chronic and mystery illnesses and symptoms, among them fatigue, brain fog, acne, eczema, addiction, ADHD, thyroid disorders, diabetes, SIBO, eating disorders, autoimmune disorders, Lyme disease, and eye problems After revealing exactly how celery juice does its anti-inflammatory, alkalizing, life-changing work to provide these benefits and many more, he gives you the powerful, definitive guidelines to do your own celery juice cleanse correctly and successfully. You'll get instructions on how to make the juice, how much to drink, when to drink it, and what to expect as your body begins to detox, plus answers to FAQs such as "Is it safe to drink celery juice while pregnant or breastfeeding?", "Is blending better than juicing?", and "Can I take my medications with it?" Here is everything you need to know--from the original source--to receive the full gift of what Anthony calls "one of the greatest healing tonics of all time."

Are you stuck in an unsatisfying job or feel like you're in the wrong profession? An industry that just isn't a fit? Don't just settle but succeed in the right career! Get unstuck and land a new career—one you're genuinely passionate about. *Switchers* helps you realize that dream. Written by celebrated career coach and psychologist Dr. Dawn Graham, the book provides proven strategies that will get you where you want to go. The first step is to recognize that the usual rules and job search tools won't work for you. Resumes and job boards were designed with traditional applicants in mind. As a career switcher, you have to go beyond the basics, using tactics tailor-made to ensure your candidacy stands out. In *Switchers*, Dr. Graham reveals how to: Understand the concerns of hiring managers Craft a resume that catches their attention within six seconds Spotlight transferable skills that companies covet Rebrand yourself—aligning your professional identity with your new aspirations Reach decision-makers by recruiting "ambassadors" from within your network Nail interviews by turning tough questions to your advantage Convince skeptical employers to shelve their assumptions and take a chance on you Negotiate a competitive salary and benefits package Packed with psychological insights, practical exercises, and inspiring success stories, *Switchers* helps you leap over obstacles and into a whole new field. This guide will help you pull off the most daring—and fulfilling—career move of your life!

#1 NEW YORK TIMES BESTSELLER □ NEWBERY MEDAL WINNER □ NATIONAL BOOK AWARD WINNER Dig deep in this award-winning, modern classic that will remind readers that adventure is right around the corner--or just under your feet! Stanley Yelnats is under a curse. A curse that began with his no-good-dirty-rotten-pig-stealing-great-great-grandfather and has since followed generations of Yelnatses. Now Stanley has been unjustly sent to a boys' detention center, Camp Green Lake, where the boys build character by spending all day, every day digging holes exactly five feet wide and five feet deep. There is no lake at Camp Green Lake. But there are an awful lot of holes. It doesn't take long for Stanley to realize there's more than character improvement going on at Camp Green Lake. The boys are digging holes because the warden is looking for something. But what could be buried under a dried-up lake? Stanley tries to dig up the truth in this inventive and darkly humorous tale of crime and punishment—and redemption. "A smart jigsaw puzzle of a novel." □New York Times *Includes a double bonus: an excerpt from *Small Steps*, the follow-up to *Holes*, as well as an excerpt from the New York Times bestseller *Fuzzy Mud*.

Self-Reliance

How to Choose or Change Your Career for a Lifetime of Satisfaction and Success

Mid-Life Career Rescue

Make Today the First Day of Your New Career

How Women Can Pivot, Reboot, and Build a Career of Purpose

A Guide for Human Resource Specialists

Being: Memoirs of the Adventures of David Balfour in the Year 1751

In Self-Reliance, Emerson expounds on the importance of trusting your soul, as well as divine providence, to carve out a life. A firm believer in nonconformity, Emerson celebrates the individual and stresses the value of listening to the inner voice unique to each of us—even when it defies society's expectations. This new 2019 edition of Self-Reliance from Logos Books includes The American Scholar, a stirring speech of Emerson's, as well as footnotes and images throughout.

A Fire Fighter's Fascinating Account of His Dangerous Job

Get a Life, Not a Job

The Most Powerful Medicine of Our Time Healing Millions Worldwide

Kidnapped

The Surprising Joy of Sobriety: Control Alcohol, Discover Freedom, Find Happiness and Change Your Life

Being the Story of a Mouse, a Princess, Some Soup, and a Spool of Thread

The Giver