

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
**Air Fryer**  
Everyday Air Fryer  
**Cookbook**

**100 Basic**  
Nutritional Values  
**Recipes**

**For**  
**Everyday**  
**Air Fryer**  
**Recipes**  
**With**

Get Free Air Fryer

Cookbook 100

***Pictures***

***And***

***Nutritional***

***Values***

Nutritional Values

Air fryers have taken the world by storm, promising to give cooks the crunchy, delicious fried foods they crave without the

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

grease, calories, or  
vats of boiling oil!

This book is a  
curated collection of  
the 100 best air  
fryer recipes, from  
French fries to fried  
chicken to  
doughnuts and  
apple pies. This  
book will show you  
all of the amazing  
things your air fryer

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

can do – and  
without all the fat of  
traditional fried  
foods!

This simple air fryer  
cookbook contains  
healthy and  
delicious recipes  
from what is known  
to be the most  
beneficial method of  
cooking on the  
planet. Air frying is

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Basic Recipes For  
the perfect way to  
Everyday Air Fryer  
eat everyday quick,  
Recipes With  
super tasty and  
Pictures And  
healthy meals.

Nutritional Value!  
Everybody adores it!

You can use an air  
fryer to cook food in  
a variety of ways.

Once you get used  
with the basics, you  
can try its other  
features, such as  
advanced baking

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Basic Recipes For  
and using air fryer  
Everyday Air Fryer  
dehydrators. In this  
Recipes With  
book, you will learn  
Pictures And  
more about:

Breakfast Mains

Sides Seafood

Poultry Meat Eggs

and Dairy

Vegetables Snacks

Dessert ... AND

MORE! What are

you waiting for?

Don't wait anymore,

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
press the buy now  
button and get  
started.

Everybody knows  
how difficult it can  
be to get a delicious  
meal on the table  
night after night, not  
to mention a healthy  
one made from real  
and readily-  
available  
ingredients. Enter

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

the air fryer, the  
must-have,  
revolutionary  
kitchen device. As  
Urvashi Pitre, the  
best-selling author  
of Indian Instant Pot  
Cookbook, will show  
you, the air fryer  
makes home  
cooking easy. Every  
one of the recipes in  
this book can be



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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

made in an hour or less, and many are on the table in as little as 30 minutes.

You won't find "cream of anything" cans in the ingredient list: instead you'll start with fresh ingredients—healthful meats and vegetables—and let

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

the air fryer do the hard work. In her signature way, Pitre will walk you

through the simple process so you can learn to use your air fryer like an expert in no time. And there is no shortage of flavors—with recipes inspired by authentic Indian,

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Basic Recipes For  
Korean, Mexican  
Everyday Air Fryer  
cuisines and more,  
Recipes With  
including Poblano  
Pictures And  
Cheese Frittata,  
Nutritional Values  
Thai Chicken Sate,

Chicken Fajitas,  
Shrimp Scampi, and  
Chinese Spare  
Ribs, to name just a  
few. And because  
you're using an air  
fryer, you won't  
need to cook with

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Basic Recipes For  
loads of oil to get  
Everyday Air Fryer  
incredibly tasty  
Recipes With  
results. Just like the  
Pictures And  
recipes on the  
Nutritional Values  
author's popular

blog,

[twosleevers.com](http://twosleevers.com),

these recipes will

always work

perfectly and taste

great. Benefits to Air

Fryer Cooking:

Minimal oil needed

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

to cook most foods  
Doesn't heat up  
entire kitchen Has  
fan-forced heat so it  
reduces cooking  
time by 25 to 35%  
Fan-forced heat can  
produce a crisper  
outer crust than  
baking alone More  
energy efficient:  
lower temperatures  
and shorter cooking

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times Splatters are contained to within the device All of the surfaces (drum and grid/basket) can be put in the

dishwasher Smaller footprint than oven so it's great for smaller spaces like dorm rooms, apartments, and RVs. Drastically

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Basic Recipes For  
shorter pre-heating  
Everyday Air Fryer  
time

Recipes With  
Would you like to  
discover a way to  
eat healthy  
Pictures And  
Nutritional Values

everyday and save  
your time, by  
learning all the best  
easy-to-make  
recipes for your air  
fryer? Then keep  
reading, because  
this guide will teach

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
you how to make  
Everyday Air Fryer  
quick, wholesome,  
Recipes With  
and balanced meals  
Pictures And  
every day, without  
Nutritional Values  
any sense of guilt.

In this book you will  
find:

300 Easy and  
Delicious Recipes  
for Your Favorite  
Foods!

The Complete Air  
Fryer Cookbook



Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
Over 125 Easy,  
Everyday Air Fryer  
Foolproof Fried  
Recipes With  
Favorites Without  
Pictures And  
All the Fat!

My Philips AirFryer  
Cookbook

Keto Air Fryer  
Cookbook

More Than 100

Delicious and  
Simple Recipes for  
Your Air Fryer

100 Recipes

*Page 17/226*

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## Basic Recipes For Bursting with Flavor

You don't have to compromise your health or your vegan lifestyle to enjoy fried foods! Wondering what your air fryer can do? How about quickly making foods that use less oil than deep frying and thus have less fat than their traditional deep-fried counterparts?

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

With this book, you can go even further by making foods that contain only vegan ingredients. Plus, every recipe has nutritional data to show you how low in calories and fat each meal is. You can make pizza, tacos, and, yes, even cake--all without compromising your

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Basic Recipes For eating habits and without needing to submerge your food in unhealthy oil. Not only can this

appliance fry foods, but it can also bake, roast, and grill. So if you were hesitant to use your air fryer before, now you can put it to good use by making all your vegan favorites quickly,

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Basic Recipes For  
easily, and healthfully.

Everyday Air Fryer  
This cookbook  
features: 100 vegan  
Recipes With  
Pictures And  
Nutritional Values  
recipes with low  
calories, low fat, and  
all-natural ingredients

Healthier recipes for  
breakfast, dinner,  
sides, snacks, and  
even desserts

Detailed nutritional  
data for every recipe,  
including calories, fat,  
carbs, fiber, and

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Basic Recipes For sodium

??Buy the Paperback Version of this Book and get the Kindle Book version for FREE ?? Become an Air Fryer Master and Impress Your Family and Friends! Benefits in this new and improved 4th edition: Table of content which shows all the recipes names in

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Basic Recipes For

alphabetical order

Everyday Air Fryer  
Glossary at the back

showing the recipes

and the  
Pictures And

corresponding  
Nutritional values

location within the

book A Recipe

Nutritional Fact

Scorecard which

shows the nutritional

content of all the

recipes in this book,

side-by-side, in

alphabetical order of

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Basic Recipes For  
recipe name. and  
Everyday Air Fryer  
much, much more!

This cookbook  
presents ? carefully  
hand-picked easy and  
delicious recipes that  
you can cook in your  
Air Fryer. Just Pick  
the best recipes you  
like and start cooking  
with your air fryer  
now. You will be  
amazed at how  
simple it is to use.



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The machine plays  
with you, but you  
need to make sure to  
handle it with care. It  
gives you healthy

food with all the  
nutrients your body  
requires. Thus, you  
can feed your family  
with healthy meals  
without stressing  
yourself too much or  
spending long hours  
inside the kitchen.

# Get Free Air Fryer Cookbook 100

Basic Recipes For

You don't need to  
learn exceptional  
kitchen skills to make

delicious and  
nutritious foods in  
your very own

kitchen. With the Air  
Fryer, you can whip  
up your favorite  
comfort foods without  
breaking a sweat.

With this nifty kitchen  
device, you will be  
able to prepare

# Get Free Air Fryer Cookbook 100

Basic Recipes For

delicious meals any  
time of the day. Full of

tips and tricks to get

the most from your air

fryer, This Air Fryer

Cookbook shows you

how to make meals

you'll love with all of

the taste and none of

the guilt. Inside this

cookbook, you will

find tasty top 100+ Air

Fryer Recipes under

various chapters such

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as: Breakfast Recipes  
Lunch Recipes  
Poultry Recipes Meat  
Recipes Fish and  
Seafood Recipes Side  
Dish Recipes Snack  
and Appetizer  
Recipes Vegetable  
Recipes Dessert  
Recipes PLUS,  
BONUS: Because this  
book is enrolled in  
Kindle Matchbook  
Program, the kindle

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

edition of this book will be available to you for FREE when you purchase the paperback version from Amazon.com i.e. the US & UK Store If you're looking for a simple, step-by-step guide for foods that can be prepared in an air fryer look no further. All the recipes are easy to make and

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Basic Recipes For  
Everyday Air Fryer  
presented in colorful  
high definition

Recipes With  
Pictures And  
Nutritional Values  
pictures. You just  
need to pick your  
favorite recipe and  
start making it now!

Learn and enjoy  
recipes from this  
book, Get ready to  
take your Health to  
the Next Level and  
Scroll Up and Click  
the Buy Now Button!  
Easy and delicious

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Basic Recipes For  
recipes for your air  
Everyday Air Fryer  
fryer, from the best-  
selling author of  
Recipes With  
Indian Instant Pot  
Cookbook  
Nutritional Values

Do you want to make  
the best use of your  
air fryer? Are you  
looking for tasty  
recipes yet easy to  
cook that can work on  
your air fryer? If yes,  
then this cookbook is  
the best book you are

# Get Free Air Fryer Cookbook 100

looking for! The  
Essential Weight  
Watchers Freestyle  
Air Fryer Cookbook:  
100 Easy Mouth-  
watering WW

Freestyle Air Fryer  
Recipes for Smart  
People on A Budget  
Packed with a wealth  
of practical strategies  
and insightful advice  
on everything from  
how you can begin



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Basic Recipes For  
your weight watchers  
Everyday Air Fryer  
Recipes With  
Nutritional Values  
online support group,  
the secret to eating  
out without feeling like  
you have to cheat on  
your diet, and how  
you can create  
lasting, positive  
change, this book is  
your all-in-one guide  
to dieting success! So  
if you're looking for a

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

proven, simple way to  
take charge of your  
weight, then this is the  
book for you. Dieting  
doesn't have to be  
hard or demotivating -  
now you can lose  
weight while still  
enjoying the foods  
you love and making  
dieting fun! Then  
Order Your Cookbook  
Today to Start Eating  
Better Today!

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Basic Recipes For  
100 Delicious Recipes  
To Enjoy Your Air Fryer  
Favourite Meals And  
Stay Healthy

My Gowise USA Air  
Fryer Cookbook

100 Delicious Oil-Free  
Cooking Recipes

The Essential Air  
Fryer Cookbook

100+ Delicious Low  
Carb Air Fryer

Recipes for Maximum  
Health

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
100+ Recipes for  
Weeknight Ease  
The Essential Weight  
Watchers Freestyle  
Air Fryer Cookbook  
Nutritional Values

*Master your air  
fryer with recipes  
for frying, grilling,  
roasting, and  
baking Air fryers  
are all-in-one  
appliances that*

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*Basic Recipes For  
can do so much  
Everyday Air Fryer  
more than imitating  
Recipes With  
deep-fried foods!  
Pictures And  
Discover the  
Nutritional Values  
possibilities with*

*The Complete Air  
Fryer Cookbook, a  
recipe book and  
reference guide  
that makes the air  
fryer the  
centerpiece of any*

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
kitchen. Get  
Everyday Air Fryer  
started with a  
Recipes With  
guide to appliance  
Pictures And  
care and usage,  
Nutritional Values  
along with handy  
cooking charts that  
take the  
guesswork out of  
air frying. Choose  
from a variety of  
easy recipes for  
perfectly cooked

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*cuts of meat,  
tender fish, or  
freshly roasted  
veggies. The air  
fryer can even*

*bake up a  
decadent dessert!  
This standout in air  
fryer cookbooks  
includes recipes  
like: Garlic-  
Roasted Chicken*

# Get Free Air Fryer Cookbook 100

Basic Recipes For

*with*

*Potatoes--Choose  
a small chicken to  
roast whole in this  
easy but*

*impressive recipe  
that crisps the skin  
outside and leaves  
the meat juicy  
inside. Creamy*

*Corn*

*Casserole--Bake*



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*this comforting  
dish in a pan  
inside the air fryer;  
it whips up quickly  
and makes a*

*family-friendly side  
for meatloaf or  
fried chicken.*

*Spicy Thai Beef  
Stir-Fry--This stir-  
fry of tender beef  
and broccoli is*

# Get Free Air Fryer Cookbook 100

*tossed in a savory  
sauce that  
combines smooth  
peanut butter with  
the kick of red*

*chiles and lime  
juice. Make the  
most of this flexible  
appliance with  
handy tips and air  
fryer recipes for  
every meal.*

# Get Free Air Fryer Cookbook 100

*The Epic Air Fryer  
Cookbook serves  
up everything you  
love about air  
frying in 100 easy*

*everyday recipes  
that turn out  
scrumptiously  
crispy, family-  
friendly meals.*

*With your air fryer,  
you can enjoy*

# Get Free Air Fryer Cookbook 100

*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*

*cooking and eating  
delicious fried  
foods guilt-  
free—because air-  
frying recipes use  
little or no oil. And,  
as author Emily  
Paster reveals,  
your air fryer can  
cook all kinds of  
dishes beyond  
fried foods. Turn*

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Cookbook 100

Basic Recipes For  
your air fryer into  
Everyday Air Fryer  
the most versatile  
Recipes With  
and oft-used  
Pictures And  
appliance in your  
Nutritional Values  
kitchen arsenal

with: Globally  
inspired recipes,  
from fritters and  
fritattas to  
shakshuka and  
falafel, plus  
Teriyaki Glazed

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*Ribs, Sicilian  
Stuffed Peppers,  
General Tso's  
Chicken, and lots  
more Homey and  
robust fried foods,  
like spring rolls,  
buttermilk fried  
chicken, and  
country-fried steak  
Breakfasts and  
brunches*

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Cookbook 100

Basic Recipes For  
Appetizers,  
Everyday Air Fryer  
snacks, and party  
Recipes With  
food Desserts,  
Pictures And  
such as Apple  
Nutritional Values  
Turnovers,

Caramelized  
Peach Shortcakes,  
Churros with  
Chocolate Dipping  
Sauce, and Lemon-  
Lavender  
Doughnuts All the

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*Basic Recipes For  
Everyday Air Fryer  
recipes in The Epic  
Air Fryer*

*Cookbook use  
Recipes With  
Pictures And  
easy-to-find  
Nutritional Values  
ingredients and  
feature short prep  
times and fast  
cook times. For air-  
frying rookies,  
there are ample  
tips for getting  
started with your*



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*Basic Recipes For  
air fryer and for  
Everyday Air Fryer  
using and  
Recipes With  
maintaining it—no  
Pictures And  
matter what make  
Nutritional Values  
or model you*

*own—as you enjoy  
cooking with it in  
the years to come.  
Cooking with your  
air fryer has never  
been more  
healthy, more*

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Cookbook 100

Basic Recipes For  
*fun...or more epic!*  
Everyday Air Fryer  
Recipes With  
Cookbook: More  
Pictures And  
then 100 Delicious  
Nutritional Values  
and Simple

*Recipes For Your  
Air Fryer Here You  
Will Find The Ideal  
Recipes That  
Make Your  
Evenings So Much  
Easier! Today*

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
*only, get this book.*  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values  
*Read for free on  
Kindle Unlimited  
AND get a FREE  
BONUS e-book!*

*This Recipe Book  
Is The #1 Things  
You Need To  
Make Healthy,  
Easy and Delicious  
Meals! Air fryer -  
cooking fat, animal*

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*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*

*or vegetable (or a mixture of various fats), heated to a high temperature, and at the same time - a chef reception, which uses this fat.*

*Frying deep-fried foods airfryer is one of the common ways of*

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*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*  
*cooking, especially  
in public catering.*

*The method of  
cooking products  
by frying in hot oil  
or fat has long  
been known. Even  
in ancient Rome,  
some dishes from  
the dough were  
fried in oil. In  
China, since*

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*ancient times,  
there are known  
dishes of meat and  
vegetables,  
prepared in a way  
very similar to  
modern fryers. The  
Japanese learned  
to fry deep-fried  
with their  
Portuguese trading  
partners, so in*

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*Japanese cuisine  
this method of  
cooking is called  
"tempura" - by  
name borrowed*

*from the  
Portuguese  
language. Learn  
How To Make  
These Easy  
Recipes Fish and  
chips without deep-*

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*frying Sausages in  
batter, deep-fried  
Deep-fried  
chebureks with  
chicken,*

*mozzarella and  
green peas*

*Chicken wings,  
fried in deep fried*

*Champignons in  
crispy cheese  
crust, deep-fried*



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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*Cottage cheese  
balls in deep-fried  
Do You Want To?  
Make Delicious  
Meals? Save your*

*time? Don*

*The NEW recipe  
book that readers  
are describing as  
"The Perfect Guide  
for the GoWISE  
USA!" This*

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Basic Recipes For  
*expansive*  
Everyday Air Fryer  
cookbook is a  
Recipes With  
**MUST HAVE** for  
Pictures And  
any Air Fryer  
Nutritional Values  
owner. Use these

*100 recipes with  
any Air Fryer. The  
GoWISE USA Air  
Fryer is an  
incredibly versatile  
cooking appliance.  
This quick & easy*

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*Basic Recipes For  
to use guide and  
Everyday Air Fryer  
recipes book will  
Recipes With  
show you how to  
Pictures And  
make the most out  
Nutritional Values  
of your air fryer!*

*These 100 recipes  
offer great variety  
and reliability and  
are sure fire crowd  
pleasers. Be  
careful... you'll  
have to come up*

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Basic Recipes For  
*with some new  
Everyday Air Fryer  
activities to do with  
Recipes With  
all the time you'll  
Pictures And  
be saving when  
Nutritional Values  
you have*

*mastered your  
GoWISE USA or  
any air fryer. And  
anyone who tries  
your food might  
think that you've  
kidnapped a*

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*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*

*master chef and  
are holding them  
hostage. Here is  
the summary of  
recipes you will*

*learn how to cook  
like a pro in this  
comprehensive air  
fryer cookbook.*

*These air fryer  
recipes are FUN,  
EASY, and FAST.*

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*We've included  
most of the  
POPULAR recipes  
people search for:*

- Easy to prepare  
breakfast recipes  
like French Toast,  
Muffins, and  
Omlets -Breakfast  
sandwiches*
- Vegan and  
Vegetarian recipes*

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*-Chicken air fryer  
recipes -Air Fryer*

*Burger recipes*

*-Potato recipes*

*(Side dishes,*

*Sweet Potato*

*recipes, etc.)*

*-Easy & Popular*

*Sandwich recipes*

*-Pizza, Fish,*

*Chicken Wings*

*-Mouthwatering*

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*Desserts*  
(*Cheesecake,*  
*Brownies,*  
*Cupcakes, etc.*) **IN**  
**THIS AIR FRYER**

**COOKBOOK,**  
**YOU WILL FIND:**  
**BREAKFAST**  
**RECIPES**

*-Breakfast Recipes*  
*and Breakfast*  
*Sandwich Air Fryer*



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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*Recipes MAIN  
DISHES -Chicken  
air fryer recipes  
-Beef air fryer  
recipes -Shrimp,  
Lamb Chop air  
fryer recipes, and  
more! SIDE DISH  
Recipes -Potato  
Recipes -Zucchini  
Poppers - Eggs,  
Calamari, Spring*

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*Rolls, Cheese  
Rolls, Pickles -And  
more vegetable air  
fryer recipes!*

*Mouthwatering  
DESSERT air fryer  
recipes Utilizing  
your air fryer like a  
pro can help you  
save time & you'll  
realize that it be an  
incredible*

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Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*

*appliance for busy  
families. And those  
who will try your  
food will think that  
you're a*

*professional chef  
with the help of  
this cookbook! You  
will NOT regret  
buying Harlan's  
GoWISE USA Air  
Fryer Cookbook!*

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*Essential Instant  
Vortex Air Fryer  
Oven Cookbook  
Air Fryer  
Cookbook for*

*Beginners*

*100 Simple and  
Delicious Recipes  
for Your Air Fryer  
(Hardcover)*

*100 Delicious,  
Quick & Easy*

*Page 68/226*

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
*Recipes For  
Everyday Air Fryer  
Beginners And  
Advanced Users  
Recipes With  
Pictures And  
(Vol. 1)  
Nutritional Values*

*The "I Love My Air  
Fryer" 5-Ingredient  
Recipe Book*

*The Air Fryer  
Cookbook*

*100 Easy Mouth-  
watering WW*

*Freestyle Air Fryer*

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*Recipes for Smart  
People on A  
Budget*

**Do you want a  
healthy diet  
enjoying tasty  
meals? Do you  
love fried food, but  
are not sure how  
to make the most  
of it without a high  
fat intake? Did you**

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

**know that an air  
fryer uses hot air  
instead of oil to  
cook your food?**

**An air fryer is an  
appliance that  
uses hot air  
convection  
technology, and it  
can reach high  
temperatures,  
allowing the food  
to be cooked**

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
quickly and nicely.  
Everyday Air Fryer  
This is a great way  
Recipes With  
to cook as it  
Pictures And  
allows you to  
Nutritional Values  
prepare foods like  
fried chicken,  
french fries,  
bacon, and other  
fried foods without  
all the calories and  
fat that come with  
using oil. Today I  
am showcasing



Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

**our best Air Fryer recipes that you will want all your friends and family to try. In these days of cooking on a budget and in small kitchens, the air fryer has become something that many home cooks have embraced.**

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

**To help you out, I  
have put together  
the most delicious  
recipes and  
provided step-by-  
step instructions  
for every recipe.**

**This book covers:  
What is Air Fryer?  
How to look after  
and clean your Air  
Fryer; All recipes  
are divided into**

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

**categories and  
lots of vegetarian  
and gluten free  
options are  
included;**

**Nutritional  
information for  
every recipe to  
allow you to count  
your daily calories  
and fat intake;  
Serving size,  
preparation, and**

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

**cooking time for  
each recipe. And  
Much More!!! My  
cookbook is  
designed so that  
everyone can use  
it with ease.**

**Anyone from  
beginners to  
advanced cooks  
can have a go with  
these recipes. You  
don't have to be**

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
an experienced  
chef to create  
delicious family  
meals that are low  
in fat and high in

flavor! What are  
you waiting for?  
Grab a copy and  
start cooking  
fabulous meals  
now!

"Do you want to  
kickstart 2020

*Page 77/226*

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
cooking with your  
Everyday Air Fryer but don't  
Recipes With  
know where to  
Pictures And  
start? Quit  
Nutritional Values  
worrying! In this

cookbook, you'll  
learn how to not  
only start, but love,  
your Air Fryer,  
which will guide  
you to amazing  
meals in the most  
affordable, quick &

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
**easy way possible.**  
Everyday Air Fryer  
Recipes With  
**you'll learn to cook**  
Pictures And  
Nutritional Values  
**625 of the highest**  
**quality super tasty**  
**Air Fryer recipes,**  
**offering tons of**  
**scientifically**  
**proven health**  
**benefits, such as**  
**improving your**  
**appetite,**  
**cholesterol, blood**

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
pressure and  
reversing

diabetes. Rest  
assured, you, the  
Air Fryer beginner,  
will learn how to  
master your Air  
Fryer in no  
time!"--Amazon.

Unleash the power  
of your air fryer  
with this  
comprehensive air



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Cookbook 100

Basic Recipes For  
fryer bible,  
Everyday Air Fryer  
featuring 300+  
Recipes With  
pictures And  
Nutritional Values  
recipes designed  
for every size,  
brand, and model,  
from the authors  
of the bestselling  
Instant Pot Bible.  
Welcome to the air  
fryer revolution.  
More than 7  
million Americans  
use air fryers to

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

**make the crispiest  
French fries or  
crunchiest chicken  
tenders without  
the mess or health  
concerns of deep-  
frying. But your air  
fryer can also sear  
a rib-eye steak in  
half the time it  
takes to heat up  
the grill, roast  
perfect**

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
vegetables, and  
reheat leftovers  
while putting your  
microwave to  
shame. Only The

Essential Air Fryer  
Cookbook can  
show you how to  
make the most of  
this versatile  
kitchen appliance,  
for every meal of  
the day. Each of

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
the 300-plus  
Everyday Air Fryer  
recipes gives  
Recipes With  
ingredients and  
Pictures And  
timings for every  
Nutritional Values  
size of air fryer  
(from small 2-quart  
models to 10-quart  
ones), plus extra  
recipes to make  
each dish a  
complete,  
delicious meal.  
This

# Get Free Air Fryer Cookbook 100

comprehensive air  
fryer bible will help  
you make  
delicious roasted  
chicken and

healthy vegetable  
sides, decadent  
desserts,  
delightful snacks,  
and crispy wings  
and tenders that  
beat take-out by a  
mile. And air-frying

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Cookbook 100

Basic Recipes For  
experts Bruce  
Weinstein and  
Mark Scarbrough  
offer customized  
ingredient lists

and timings  
alongside clear,  
easy-to-follow  
directions that will  
have you cooking  
like a pro, no  
matter your skill  
level. You'll enjoy:

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutrition Volume

**Kale Chips Better-  
Than-Chinese-  
Take-Out Orange  
Chicken Hearty  
Roasted Vegetable  
Soup Cauliflower-  
Crust Pizza Crispy  
Ranch Chicken  
Thighs Fried  
Green Tomatoes  
Jalapeño Poppers  
Perfect Broccolini  
Easy Carnitas**

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Cookbook 100**

**Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values**

**Shrimp Teriyaki**

**Zucchini Fries**

**Blueberry Crisp**

**Chewy Coconut**

**Cake Fried Oreos**

**And more!**

**An accessible  
book of 100 easy-  
to-make recipes  
for delicious  
dishes prepared in  
your air fryer,  
including roasting,**



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Cookbook 100

Basic Recipes For  
frying, baking,  
Everyday Air Fryer  
dehydrating, and  
Recipes With  
proofing bread.

Authorized by  
Instant Brands. Air

fryer ovens are  
wildly versatile  
appliances, and  
the newest model  
from Instant  
Brands, ranked #1  
in the category,  
promises to be the

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Basic Recipes For  
best of them all.  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

They have the  
requisite air fryer  
basket, as well as  
an oven rack,  
baking sheet, and  
rotisserie spit. The  
temperature  
settings are  
precise and wide-  
ranging, allowing  
you to do  
everything from

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

**dehydrating jerky  
and proofing  
bread dough to  
high-heat roasting  
and broiling. The  
Ultimate Air Fryer  
Oven Cookbook  
makes use of all of  
these functions  
and more! The  
recipes include  
family-friendly  
breakfasts such as**

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**Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values**

**baked oatmeal and  
breakfast burritos,  
snacks and  
appetizers such as  
vegetable spring  
rolls and Scotch  
eggs, and a wide  
variety of lunches  
and dinners for  
vegetarians and  
omnivores alike.  
Whether you have  
a fully equipped**

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

**kitchen or a studio  
kitchenette, you  
can cook  
wholesome and  
delicious meals for  
any occasion, all  
with one  
countertop  
appliance.**

**Amazingly Easy  
Recipes to Fry,  
Bake, Grill, and  
Roast with Your**

Get Free Air Fryer  
Cookbook 100

Basic Recipes For  
**Air Fryer**

**100 Simple and  
Delicious Recipes**

**for Your Air Fryer**

**100 Recipes for Air**

**Frying, Roasting,**

**Dehydrating,**

**Rotisserie and**

**More**

**625 Affordable,**

**Quick and Easy Air**

**Fryer Recipes for**

**Smart People on a**

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Cookbook 100

Basic Recipes For  
Budget Fry, Bake,  
Grill and Roast  
Everyday Air Fryer  
Recipes With  
Most Wanted  
Pictures And  
Family Meals  
1000 Days Values

Effortless  
Complete Recipes  
with Tips and  
Tricks to Fry,  
Roast, Grill and  
Bake on a Budget.  
the Essential and  
Easy Everyday

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values  
Cookbook - 100+

Basic Recipes for  
Everyday  
Every Day Easy Air  
Fryer

*Make perfectly  
portioned air-fried  
meals for two with these  
easy recipes In The*



Get Free Air Fryer  
Cookbook 100

*Essential Air Fryer  
Cookbook for Two,  
you'll find more than  
100 recipes for  
whipping up quick,  
simple, and flavorful  
air-fried meals  
designed to share with a  
partner, roommate, or  
friend. These tasty  
dishes make mealtime  
easy with speedy prep,  
minimal cleanup, and  
everyday ingredients*

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*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*

*you can easily find at  
your local grocer. The  
Essential Air Fryer  
Cookbook for Two  
includes: An intro to air  
frying—Get essential  
guidance that will set  
you up for air frying  
success, including step-  
by-step instructions,  
answers to FAQs, and  
pointers for cooking for  
two people. Recipe tips  
and tricks—Find*

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*suggestions for getting  
the most out of each  
recipe in this air fryer  
cookbook, from  
ingredient swaps to air  
frying tips. Practical  
guidance—Learn the  
best and worst foods for  
air frying, what  
ingredients to stock your  
pantry with, and how to  
shop and meal prep for  
two. Create easy,  
delicious, air-fried*

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*Basic Recipes For  
meals for breakfast,  
Everyday Air Fryer  
lunch, dinner, and  
dessert with The*

*Essential Air Fryer  
Cookbook for Two.*

*Do you wish to prepare  
fried foods easily and  
more healthily, but you  
are new to Air frying  
recipes? Are you  
anxious to explore the  
frying gadgets in the  
kitchen and prepare  
healthy, delicious*

# Get Free Air Fryer Cookbook 100

*Basic Recipes For  
meals? Or are you  
willing to save money,  
time, and even live a  
healthy life through  
Air frying? Then it's  
time to have all your  
concerns about Air  
frying answered. Take  
the chance and continue  
reading the book, and  
you will not regret it at  
the end of this journey.  
Save your time and  
regain your lost hopes*

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*Basic Recipes For  
Everyday Air Fryer  
Beginners. It is the time  
to go back to your  
kitchens and amaze the  
whole family with  
hundreds of unique  
recipes of delicious and  
easy meals. No more  
worry's concerning Air  
fryers gadgets in the  
kitchens as the guide  
will explain every step  
to use them quickly and*

# Get Free Air Fryer Cookbook 100

*to ensure you prepare  
amazing meals easily  
and most affordably.*

*Everyone wishes to  
discover the magic  
behind the Air frying.  
However, they lack the  
chance, and now this is  
a golden time to learn  
the magic and ensure  
all the beginners not  
only will they prepare a  
simple meal but also a  
meal for the whole*

# Get Free Air Fryer Cookbook 100

*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Nutritional Values*

*family within a limited  
time of 30 minutes. To  
the beginners, this is the  
right book for you to  
have, however to the  
professionals, there are  
many new tips and  
tricks you will discover  
the more you turn over  
the pages. Apart from  
the 100+ recipes  
provided, the following  
are some of the  
chapters you will learn .*



# Get Free Air Fryer Cookbook 100

*Here are fractions of  
the chapters you will  
discover: •*

*Understanding the  
Basics of an Air Fryer  
• How the Air Fryer  
Works? • The Benefits  
of Air Frying • Meal  
Plan to Make the Start  
of Your Journey Easier  
• All the Controls with  
Labels (Pictorial  
Assistance) • The Steps  
involved in Air Frying •*

# Get Free Air Fryer Cookbook 100

## *Cleaning the Air Fryer*

• *Understanding the  
Fats Involved and Their*

*Harms The following*

*are some of the plenty  
of recipes you will*

*learn: • Quick Snacks  
and Side Dishes • The*

*Most-Wanted Beef,  
Lamb and Pork Recipes*

• *Great variety of  
Breakfast & Lunch*

*Recipes • Vegetables  
and Vegetarian Air*

Get Free Air Fryer  
Cookbook 100

*Fryer Recipes • Healthy  
Air Fryer Recipes for  
Sweets & Desserts •*

*And much much more.*

*Now it's the right time  
to be a professional  
guru with the Air Fryer  
Cookbook for*

*Beginners as you  
prepare a wide array of  
healthy delicious foods.*

*Don't waste your time  
with irrelevant  
information when you*

# Get Free Air Fryer Cookbook 100

*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*

*have a chance to  
explore thousands of  
tasty meals, tips, and  
tricks with a hint which  
meal and trick to apply.  
Click the BUY NOW*

*button and enjoy the  
Air frying tricks as you  
live a happy, healthy  
life. This book is your!!  
Give it a trial, and you  
will never regret it.*

*The Essential Air Fryer  
Cookbook With an Air*

# Get Free Air Fryer Cookbook 100

*Fryer, it takes less time  
to cook, and you can  
cook just about*

*anything! Your meals  
will have fewer calories  
and less cholesterol  
than traditional recipes.*

*Cooking with an Air  
Fryer is a win-win  
situation, and this book  
will tell you how to  
create delicious meals  
quickly and easily. The  
recipes are easy to make*

# Get Free Air Fryer Cookbook 100

*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*  
*and easy to follow. You  
will love how quick and  
effortless it is to cook  
with an Air Fryer and  
how tasty, fresh, and  
delicious your food will  
be if you follow the  
recipes in this book.*

*This innovation makes  
it possible to enjoy fried  
foods with less oil. You  
can also use it to whip  
up a wide range of  
dishes, snacks, and*

# Get Free Air Fryer Cookbook 100

*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*

*desserts. Keep on  
reading to learn  
everything you need to  
know about using an  
Air Fryer, so you can  
start to create delicious  
meals with less grease  
and more flavor!*

*Would you like to  
master the art of  
making guilt-free, lip-  
smacking fried foods?  
Do you want to become  
an air-fryer virtuoso*

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*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*  
*and amaze your family  
and friends with your  
skills using the air-  
fryer? If yes, then keep  
reading... Everybody  
love fried foods.*

*Crunchy, crispy of  
buttery soft, fried food  
has always appealed to  
the modern populace  
and with good reason.*

*Just a few problems.*

*Fried foods are*

***NOTORIOUS** for being*



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*Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values*

*full of fatty calories. Gorge occasionally on the deliciousness of your favorite fried foods for a week and watch your weight skyrocket. Coupled with the bad press given by the mainstream media and health institutions, it's easy to see why people are shying away from fried foods. Well, that's just unfortunate,*

# Get Free Air Fryer Cookbook 100

*because you can have  
the best of both worlds.*

*In this concise  
cookbook, you're  
carefully hand-picked  
recipes that are  
absolutely delicious and  
easy to make without  
hurting your waistline  
or your health. In fact,  
it is even possible to lose  
weight with this  
cookbook without  
spending hours in the*

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Basic Recipes For  
kitchen. Here's a  
Everyday Air Fryer  
snippet of what you're  
Recipes With  
going to discover in this  
Pictures And  
guide: How to select the  
Nutritional Values  
best air fryer for your  
needs Golden tips you  
cannot ignore if you  
want to become a  
master air fryer chef  
25 chicken air-fryer  
recipes that will blow  
your mind 25 air-fryer  
beef recipes you can  
enjoy anywhere

# Get Free Air Fryer Cookbook 100

*Vegetarian? We've got  
you covered: 24*

*vegetarian air-fryer  
recipes ...and tons*

*more! Even if you've  
never set eyes on an air-  
fryer before, even if  
you suck at cooking,*

*The Air Fryer*

*Cookbook will show  
how to get the most out  
of your air-fryer and  
make the fried meals  
you absolutely love*

**Get Free Air Fryer  
Cookbook 100**

***without any of the guilt.  
Scroll up to the top of  
the page and click the  
buy button now!***

***100 Inspired Recipes  
That Take Air-Frying  
in Deliciously Exciting  
New Directions***

***The Super Simple Air  
Fryer Cookbook***

***Healthy Air Fryer  
Cookbook***

***Healthy Air Fryer  
Cookbook 2021***

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Cookbook 100

Basic Recipes For  
***Epic Air Fryer  
Cookbook***

***Air Fryer Cookbook for  
Weight Loss***

***The Only Book You  
Need for Your Small,  
Medium, or Large Air  
Fryer***

*Are you still  
choosing  
between healthy  
and tasty food?  
Solution for*

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Basic Recipes For  
you: *Air Fryer*  
Everyday Air Fryer  
Cookbook - 100+  
Recipes With  
Pictures And  
Nutritional Values

*tasty food  
every day!*

*"I LOVE this  
cookbook. The  
recipes are  
super simple  
and are perfect  
for an air*

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*fryer novice,  
Everyday Air Fryer  
like myself."*

*-T. Oksman "So  
many awesome  
Recipes With  
Pictures And  
Nutritional Values  
recipes, from  
breakfast to  
dinner and in  
between."*

*-JMcDubs ---*

*Healthier  
versions of  
your fried  
favorites-all*



# Get Free Air Fryer Cookbook 100

Basic Recipes For  
*under 500*  
Everyday Air Fryer  
*calories! Using*  
Recipes With  
*an air fryer is*  
Pictures And  
*fast,*  
Nutritional Values  
*convenient-and*

*healthy. You*  
*need less oil*  
*to cook food*  
*and you can use*  
*healthier*  
*ingredients*  
*than*  
*traditional*

# Get Free Air Fryer Cookbook 100

*Basic Recipes For  
fried foods.  
Everyday Air Fryer  
Registered  
Recipes With  
dietician Dana  
Angelo White,  
the nutrition  
expert for Food  
Network.com,  
has developed  
recipes that  
have fewer  
calories and  
less fat than  
the same*

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*features: 100  
recipes for  
breakfast  
essentials,  
healthier  
mains, lighter  
sides,  
wholesome*

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
*snacks, and*  
Everyday Air Fryer  
*(less) sinful*  
Recipes With  
*desserts*

Nutrition And  
Nutritional Values  
*Nutrition per*  
*servings for*

*calories,*  
*carbs, fat, and*  
*other nutrients*

*Expert advice*  
*from Dana*

*Angelo White on*  
*how best to use*  
*your air fryer*

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

None of the  
recipes in this  
book compromise  
on the flavors  
you'd expect.

And you can  
still enjoy all  
your fried favo  
rites—donuts,  
French fries,  
and, yes,  
chicken wings—  
without feeling

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
guilty. Plus,  
Everyday Air Fryer  
you can make  
Recipes With  
foods you  
Pictures And  
didn't think an  
Nutritional Values  
air fryer could

make, including  
steak fajitas,  
shrimp scampi,  
and cookies. So  
equipped with  
this book, you  
don't have to  
let your air

# Get Free Air Fryer Cookbook 100

*fryer continue  
to sit on your  
kitchen  
counter!*

*Create*

*deliciously  
quick and easy  
recipes in your  
Air Fryer using  
only 5  
ingredients or  
less! Want  
simple meals*

# Get Free Air Fryer Cookbook 100

Basic Recipes For  
that your  
Everyday Air Fryer  
entire family  
Recipes With  
(even the  
Pictures And  
pickiest  
Nutritional Values  
eaters) will

devour? Looking  
to avoid the  
grocery store  
and use some of  
the ingredients  
you already  
have on hand?

The "I Love My  
Page 128/226



# Get Free Air Fryer Cookbook 100

Basic Recipes For  
*Air Fryer*"

Everyday Air Fryer  
5-Ingredient  
Recipe Book is  
here to help!

Nutritional Values  
This easy-to-

use cookbook

provides

mouthwatering,

whole-food

dishes for

every meal—from

breakfast and

dinner to

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*Basic Recipes For  
appetizers and  
Everyday Air Fryer  
dessert—using  
Recipes With  
favorite,  
Pictures And  
familiar  
Nutritional Values*

*ingredients you  
probably  
already have in  
your pantry.*

*Including 175  
delicious  
recipes using  
five—or fewer—i  
ngredients,*

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Basic Recipes For  
these fast,  
Everyday Air Fryer  
affordable  
Recipes With  
meals don't  
Pictures And  
require a lot  
Nutritional Values  
of prep or

shopping, so  
you can spend  
more time out  
of the kitchen  
doing the  
things you  
love. Best of  
all, these

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Basic Recipes For  
*satisfying,*  
Everyday Air Fryer  
*flavorful*  
Recipes With  
Pictures And  
Nutritional Values

*recipes are  
sure to be a  
big hit with  
everyone in the  
family. Whether  
you need an  
easy dinner on  
a busy  
weeknight or  
want to cut  
back on time*

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Basic Recipes For  
(and money) in  
Everyday Air Fryer  
the grocery  
Recipes With  
store, this  
Pictures And  
cookbook has  
Nutritional Values  
you covered!

There's the  
crispy-crust  
craze gist  
everywhere and  
more to that  
gist is the air  
fryer craze!

Let me put it

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*this way: low  
carb crispy  
diet with air  
fryer magic is  
an earth-*

*shattering,  
mind-blowing  
experience you  
will always  
live to enjoy.  
This simple air  
fryer cookbook  
will give you*

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Basic Recipes For  
the long  
Everyday Air Fryer  
desired keto  
Recipes With  
result with  
Pictures And  
little or no  
Nutritional Values  
sweat. The best

part is that  
you won't have  
to sacrifice  
delicious meals  
for it. This  
book is the  
foolproof  
answer you have

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*been searching  
for with  
EXCITING  
RECIPES YOU  
WILL NEVER GET  
TIRED OF  
PREPARING.*

*These are some  
of the things  
you will get to  
see in this  
book: Over 100  
delicious*



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Basic Recipes For  
*recipes* The Air  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

*explained it  
the simplest  
form. Advantages  
of the Air  
Fryer Guidelines  
on how to use  
the Air  
Fryer Cook and*

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Basic Recipes For  
*prep*  
timeEstimated y  
ield/servingsMo  
re to this book  
are recipes sub-

divided into:

Main dishesBrea  
kfastSnackSideD  
essertAppetizer

I can guarantee  
a world of  
endless

possibilities

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Basic Recipes For  
*as you dive  
into your  
perfect world  
of a perfect  
body and shape.*

*Cheers to your  
healthy  
lifestyl*

*Easy, Foolproof  
Recipes for  
Your Air Fryer  
Air Fryer  
Cookbook*

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*From Crispy  
Fries and Juicy  
Steaks to  
Perfect And  
Vegetables,*

*What to Cook &  
How to Get the  
Best Results*

*Simple Air  
Fryer Cookbook  
Simple Air  
Fryer Cookbook  
with Pictures*

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Basic Recipes For  
*Easy Recipes  
for Beginners  
with Tips and  
Tricks to Fry,  
Grill, Roast,*

*and Bake | Your  
Everyday Air  
Fryer Book*

*100 Plant-Based  
Recipes with  
Fewer Calories  
and Less Fat*

**Get the best**

*Page 141/226*

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possible  
results from  
your air fryer  
and discover  
the best ways

to use it (not  
just frying!)  
with 75 fast,  
convenient,  
great-tasting  
recipes. Air  
fryers promise  
crisp fried

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

food without  
actual deep  
frying. Was it  
too good to be  
believed? And  
what can you  
cook in them  
besides French  
fries? In  
truth, air  
fryers cook  
food by  
blasting it

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Basic Recipes For  
with circulated  
Everyday Air Fryer  
hot air. The  
Recipes With  
method is fast,  
Pictures And  
convenient, and  
Nutritional Values  
can be

surprisingly  
good--if you  
have the right  
recipe. We  
cooked more  
than 70 pounds  
of potatoes to  
create the



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Basic Recipes For  
perfect air  
Everyday Air Fryer  
fryer French  
Recipes With  
fry, with an  
Pictures And  
evenly crisp  
Nutritional Values  
exterior and

creamy center.  
But what really  
drew us to this  
appliance was  
the variety of  
what you can  
make in it,  
effortlessly

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Basic Recipes For  
and without  
having to  
enlist numerous  
pots and pans.  
In addition to

crispy fried  
chicken and  
fries, you'll  
turn out evenly  
cooked steaks,  
such as Spice-  
Rubbed Steak  
with Snap Pea

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Basic Recipes For  
and Cucumber  
Salad (the Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

and Smoky Pork  
Tenderloin with  
Roasted  
Butternut  
Squash (the  
pork cooks  
directly on top  
of the squash

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Basic Recipes For  
to save time),  
Everyday Air Fryer  
and Tandoori  
Recipes With  
Chicken Thighs.  
Pictures And  
Nutritional Values

Many of the recipes yield both a main and a side for a complete meal. Most recipes take only 45 minutes or even less time, and all come with

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Everyday Air Fryer  
Recipes With  
complete  
nutrition  
information.

Frozen foods  
cook up crisp

in the air  
fryer, but the  
results are so  
much better  
when you start  
with homemade.

So we offer fre  
eze-it-yourself

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Chicken  
Everyday Air Fryer  
Nuggets,  
Recipes With  
Southwestern  
Pictures And  
Beef Hand Pies,  
Nutritional Values  
and more that

go straight  
from freezer to  
air fryer and  
cook to  
perfection. And  
we share plenty  
of kid-friendly  
meals and

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Basic Recipes For  
snacks, from Be  
tter-Than-Boxed  
Recipes With  
Fish Sticks to  
Pictures And  
Zucchini Fries.  
Nutritional Values

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edition! Are  
you a beginner  
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user of the air  
fryer? Are you  
looking for a  
simple, no-fuss

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Everyday Air Fryer  
Recipes With  
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cookbook? Are  
you tired of no-  
photo recipes  
or complicated  
instructions?

Do you want to  
surprise your  
family and  
friends with a  
tasty new meal?  
If you said at  
least ONE YES,  
this book is



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for you. It is  
going to be  
your favorite  
Air Fryer  
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recipes! This  
cookbook is  
full of useful  
content and  
tasty recipes  
with colorful  
pictures: Air

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fryer tips &  
tricks Easy  
Recipes With  
instruction on  
how to clean  
the air fryer

Conversion of  
oven-used  
recipes for air  
fryer ones Time  
table for every  
type of food  
Plenty of  
poultry, pork,

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Basic Recipes For  
and beef  
Everyday Air Fryer  
recipes Easy  
snacks and  
bread Healthy  
Pictures And  
Nutritional Values  
vegetable meals  
and side dishes  
Quick breakfast  
recipes for the  
whole family  
Extra delicious  
no-fuss  
desserts The  
recipes are

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Basic Recipes For  
clear and easy  
Everyday Air Fryer  
to follow, even  
Recipes With  
for a beginner.  
Pictures And  
You DON'T have  
Nutritional Values  
to spend much  
time cooking  
because you can  
make a  
delicious meal  
for the whole  
family in just  
30 minutes! If  
you buy this

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fryer recipes,  
Recipes With  
you will  
Pictures And  
surprise  
Nutritional Values  
yourself, your  
family, and  
your friends  
with new,  
delicious  
dishes. Well,  
that's great,  
isn't it? If  
you are still

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healthy  
lifestyle!

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easy, fun, and  
Recipes With  
creative  
Pictures And  
Nutritional Values  
recipes for the  
hottest new

kitchen

appliance—the  
air-fryer! The  
air-fryer is an  
easy, healthier  
alternative to  
conventional  
fryers, and

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it's quickly  
Everyday Air Fryer  
becoming the  
Recipes With  
latest kitchen  
Pictures And  
must-have! The  
Nutritional Values  
Everything Air  
Fryer Cookbook  
teaches you all  
you need to  
know about this  
hot new  
appliance,  
proving that  
fryers can be



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used for so  
Everyday Air Fryer  
much more than  
Recipes With  
French fries  
Pictures And  
and onion  
Nutritional Values  
rings. Learn

how versatile  
an air fryer  
can be, with  
recipes such as  
Nashville Hot  
Chicken, to  
Baked Garlic  
Parsley

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Basic Recipes For  
Potatoes, to  
Everyday Air Fryer  
Fried Banana  
Recipes With  
S'mores! With  
Pictures And  
Nutritional Values

more than 300  
quick and tasty  
recipes—including  
vegetarian  
and vegan  
options, as  
well as classic  
favorites like  
fried pickles  
and jalapeño

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Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

poppers—there's  
an air fried  
meal for every  
taste, diet,  
and mood.

Whether you're  
looking for an  
easy breakfast  
dish, a  
scrumptious  
snack, or a  
delicious  
dinner for the

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whole family,  
Everyday Air Fryer  
you can find it  
Recipes With  
in The  
Everything Air  
Fryer Cookbook.

100 AirFryer  
Recipes that  
were created  
just for your  
Philips and  
guaranteed to  
amaze. With My  
Philips

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Everyday Air Fryer  
Cookbook, you  
Recipes With  
will easily get  
Pictures And  
a nutritious,  
Nutritional Values  
flavor-packed,  
family and  
figure-friendly  
meal on the  
table any night  
of the week.  
This expansive  
cookbook is a  
MUST HAVE for

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any Philips  
AirFryer owner.  
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100 Great  
Recipes with  
Fewer Calories  
and Less Fat  
100+ Simple,  
Easy and  
Delicious Air

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Fryer Recipes  
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That Anyone Can  
Cook. (2019  
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100 Crispy,  
Healthy, Fast &  
Fresh Recipes  
Truly Healthy  
Fried Food  
Recipes with  
Low Salt, Low  
Fat, and Zero  
Guilt

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The Best Air  
Fryer Recipes  
on the Planet  
Recipes With  
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Toast Sticks to  
Buttermilk-  
Fried Chicken  
Thighs, 175

Quick and Easy  
Recipes

"The follow-up to  
the top-selling Every  
Day Easy Air Fryer



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with 100 all-new  
Everyday Air Fryer  
recipes"--

Take air frying to  
Recipes With  
tasty new  
Pictures And

Nutritional Values  
heights--the complete  
air fryer cookbook  
for beginners

Welcome to the  
mouthwatering  
world of air frying--a  
tasty, healthier twist  
on frying! The  
Essential Air Fryer

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Everyday Air Fryer  
Beginners is the  
Recipes With  
perfect companion  
Pictures And  
guide for first-time  
Nutritional Values  
chefs. Discover how

to get the most out of  
your new appliance  
while cooking up  
quick, easy recipes  
you can make and  
serve tonight. From  
hot Cinnamon Rolls  
to Sweet Potato

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French Fries and  
Everyday Air Fryer  
Southern Fried  
Chicken, this  
Recipes With  
Pictures And  
Nutritional Values

complete air fryer  
cookbook for  
beginners helps you  
make sweet and  
savory meals in a  
snap. Delight friends  
and family at  
breakfast, lunch, and  
dinner with delicious  
takes on classic

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Recipes With  
Cookbook includes:

75 Fast, flavorful  
favorites--Dig into  
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cookbook recipes  
that your family will  
crave, featuring  
easily sourced and  
inexpensive  
ingredients. All-in-  
one--Discover

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Everyday Air Fryer  
to air fry in a flash.

Recipes With  
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Pictures And  
appliance works as  
Nutritional Values  
well as how to make  
a wide variety of  
everyday staples,  
including cook time  
and temperature.

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images--Pick new  
plates to try from  
this must-have air

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The creators of Instant Pot(R) have launched the next new sensation, The Instant(TM)

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Vortex(TM) Air  
Fryer Oven, and this  
is one of the first  
official cookbooks on  
the market to go

with it. The  
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Vortex(TM) Air  
Fryer Oven is the  
brand-new small  
appliance from the  
creators of Instant  
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Essential

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you get the most

from it. Created by

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fruit; and even  
prepare a rotisserie  
chicken or standing  
rib roast for your  
whole family.

Essential

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Fryer Oven

Cookbook gives you

more than 100

delicious recipes and

all the details you'll

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This Keto Air Fryer  
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solution to everyday  
weight loss, and also  
a time saver with  
simple and delicious  
Ketogenic meals for

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nutritional needs.

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This book combines  
The Ketogenic Diet  
with Air Fryer  
cooking method to  
provide you healthy  
and tasty Ketogenic  
recipes. This Keto  
Air Fryer Cookbook  
sets you up for  
success with: An  
introduction to The

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Basic Recipes For  
Ketogenic Diet

world, 100 truly  
Recipes With  
Pictures And  
Nutritional Values,  
heart-healthy recipes  
that are low-salt, low-  
fat, and full-flavor,

with a well detailed  
step by step  
instruction and  
comprehensive  
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information for each  
of the recipes. With  
this Keto Air Fryer

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weight healthily  
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Tips to Success -  
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Grilling and  
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Recipes With  
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Nutritional Values  
Diet Air Fryer  
Cookbook)  
The Essential Air  
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100 Crave-Worthy  
Favorites Made  
Healthy  
Perfectly Portioned



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Recipes With  
100+ Quick and  
Delicious Air Fryer  
Recipes for Healthier  
Fried Favorites

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for Beginners Do  
you like fried  
chicken, french  
fries, and onion  
rings? Wouldn't it  
be great if you***

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**could eat healthy  
and still enjoy your  
favorite fried  
foods? The air  
fryer has become a  
staple in today's  
kitchen, providing  
a new and healthy  
way of preparing  
foods. Using  
heated air instead  
of oil, an air fryer  
prepares crispy  
and delicious foods**

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works \* Tips for air  
frying \* 100 air  
fryer recipes for  
breakfast, lunch,  
snacks, poultry,  
meats, seafood,  
vegetables, and  
dessert You can  
whip up these  
yummy dishes  
within a few**

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you don't know  
how to cook. Order  
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cravings with  
fewer calories Air  
fryers can help  
deliver real results  
when you step on  
the scale. With the  
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you can make  
healthier versions  
of your favorite  
fried foods without  
sacrificing flavor.**

**Quick and easy to  
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in this air fryer  
cookbook, like  
Breakfast**

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Bean Corn Dip, and  
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**cover everything  
from healthy  
breakfasts and  
snacks to hearty  
mains and sides.**

**And because they  
use less oil than  
traditional frying,  
they're better for  
your waistline.**

**Discover a new,  
healthier way to  
enjoy the fried  
foods you crave.**

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find: Enjoy classic  
flavors--Learn how  
to use the air fryer  
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addictive texture  
of your favorite  
fried foods. Make  
just about  
anything--Use the  
handy air fryer  
cookbook's Fry***



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for a quick guide  
to cooking your  
favorite fresh and  
frozen ingredients.  
Air fry like a**

**pro--Discover how  
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of your fryer with  
tips on everything  
from food pairings  
to cooking advice  
to substitutions for  
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Weight Loss can be  
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start, this book can  
guide you through  
making the most of  
your new kitchen***

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fryer works - Tips  
for air frying - 100  
air fryer recipes for  
breakfast, lunch,  
snacks, poultry,  
meats, seafood,  
vegetables, and  
dessert**

**100+ Recipes to  
Air Fry Your Way  
to a Healthier**

*Page 195/226*

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Basic Recipes For  
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Dishes With  
Pictures And  
Nutritional Values

**Heart Frying,  
baking, roasting,  
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nothing your air  
fryer can't do.**

**Although your air  
fryer is healthier  
than a deep fryer,  
not all air fryer  
recipes are truly  
healthy--especially  
for your heart.**

**Linda Larsen grew  
up loving fried**

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Recipes With  
Pictures And  
Nutritional Values*

**foods, but as an  
adult she needs to  
eat food that is  
healthy and  
nourishing. Today,  
the author of the  
bestselling *The  
Complete Air Fryer  
Cookbook* uses her  
air fryer to cook  
meals that are just  
as delicious as her  
fried favorites--and  
good for her heart,**

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Cookbook 100

Basic Recipes For  
Everyday Air Fryer  
Pictures And  
Nutritional Values

**too. Linda's air  
fryer recipes in The  
Healthy Air Fryer  
Cookbook combine  
the ease and  
simplicity of your  
favorite appliance  
with the added  
benefit of total-  
body nutrition.  
This is the only air  
fryer cookbook  
that offers truly  
healthy, easy, and**

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Nutritional Values

**whole-food  
recipes, so you can  
enjoy fried foods  
while being good  
to your heart.**

**Simple and  
delicious, this air  
fryer cookbook  
includes: More  
than 100 truly  
heart-healthy  
recipes that are  
low-salt, low-fat,  
and full-**

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Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values***

***flavor--including  
vegan and  
vegetarian options  
Complete nutrition  
information that  
follows American  
Heart Association  
guidelines, so you  
know exactly what  
you're eating  
Handy recipe  
callouts that show  
how much salt and  
fat you're sparing***



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Basic Recipes For  
*yourself by not  
Everyday Air Fryer  
deep frying your  
meal With The  
Healthy Air Fryer  
Cookbook you  
don't have to  
sacrifice your  
health to enjoy  
fried foods.*

*The Complete Air  
Fryer Cookbook for  
Beginners 2020*

*The Everything Air  
Fryer Cookbook*

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Basic Recipes For  
**The Ultimate Air  
Fryer Oven**

**Cookbook With**

**Air Fryer And**

**Revolution Values**

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**Perfection**

**The Healthy Air**

**Fryer Cookbook**

**Easy Recipes That**

**Satisfy**

From the

Williams-Sonoma

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Basic Recipes For  
Test Kitchen  
Everyday Air Fryer  
comes The  
Recipes With  
Airfryer

Cookbook—your  
 foolproof guide  
to working with  
the bestselling  
Philips Viva  
Digital  
Airfryer.

Preparing  
healthier

fried, baked,

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Basic Recipes For  
roasted, and  
Everyday Air Fryer  
grilled foods  
Recipes With  
has never been  
Pictures And  
easier, or more  
Nutritional Values  
delicious. Much

more than a  
frying device,  
the Philips  
Viva Digital  
Airfryer can  
also be used  
for baking,  
roasting, and

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Basic Recipes For  
grilling.

Everyday Air Fryer  
Recipes for

innovative

snacks, main

dishes, **Nutritional Values**

desserts and

more include:

French Toast

Sticks with

Berry Compote;

Spinach Baked

Eggs; Banana-

Walnut Bread;

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Basic Recipes For  
Thai Red Curry  
Everyday Air Fryer  
Fish Fillets;  
Recipes With  
Cheesy Baked  
Pictures And  
Rigatoni; Kale  
Nutritional Values  
Chips; and

Samosas with  
Cilantro Sauce.

The Airfryer's  
patented Rapid  
Air Technology  
uses hot air  
flow, of  
temperatures

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Basic Recipes For  
ranging from  
Everyday Air Fryer  
180°-390°F, to  
Recipes With  
Pictures And  
Nutritional Values

this helpful  
primer, you'll  
find step-by-  
step  
instructions  
for using the  
Aifryer,  
accompanying

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accessories,  
tips and  
tricks, and  
more than 20  
easy recipes

for a variety  
of lightened-up  
and quick-  
cooking dishes.

This  
innovative,  
countertop  
appliance will



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Basic Recipes For  
revolutionize  
the way you  
cook! For the  
Airfryer user  
and home chef,

this cookbook  
is an ideal  
resource.

?? Are you  
looking for  
some ideas to  
prepare  
delicious but

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Basic Recipes For  
healthy meals  
for your family  
and friends? If  
yes, then keep  
reading... ??  
Nutritional Values

This book will  
instruct you on  
how to prepare  
tasty dishes  
using the Air  
Fryer. This  
tool has  
several

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Basic Recipes For  
benefits,  
mainly in terms  
of well-being,  
space-saving,  
and easy use.  
Pictures And  
Nutritional Values

Health was the  
primary concern  
when the Air  
Frying  
technology was  
first  
developed, and  
the whole idea

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Basic Recipes For  
Everyday Air Fryer  
Recipes With  
Pictures And  
Nutritional Values

of inventing a user-friendly appliance to cook oil-free food revolved around good health. Higher fat content in the food, especially saturated fats, is linked to several heart

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Recipes With  
Pictures And  
Nutritional Values

problems, high cholesterol levels, obesity, and other related diseases. Air frying any food can reduce its fat content by 75 percent, compared to the deep-fried food. Air

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Basic Recipes For  
fryers are  
Everyday Air Fryer  
space savers  
Recipes With  
due to their  
Pictures And  
cylindrical  
design. They

provide you  
with enough  
space to cook  
both small and  
medium-sized  
servings, and  
yet they do not  
take much space

# Get Free Air Fryer Cookbook 100 Basic Recipes For on your countertop. The base of the Air Fryers is slightly

broader than the top, which is fitted with the heating element and a fan. This base can accommodate all the food

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Basic Recipes For  
inside in a  
Everyday Air Fryer  
single layer.  
Recipes With  
It is light in  
Pictures And  
weight and can  
Nutritional Values  
be moved from

one place to  
another easily.

Besides, Air  
Fryers come  
with a user-  
friendly  
control system,  
without



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Basic Recipes For  
complicated  
control  
Everyday Air Fryer  
Recipes With  
functions and  
Pictures And  
operations.

This book  
Nutritional Values

covers:

Breakfast

Recipes

Appetizers

Recipes Lunch

Recipes Snacks

Recipes Dinner

Recipes ...And

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much more! With  
100 delicious  
recipes, this  
cookbook is  
chock-full of

mouthwatering  
recipes. By  
following  
through the  
instructions  
contained in  
this manual, we  
guarantee of

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Basic Recipes For  
improving your  
Everyday Air Fryer  
cooking skills  
Recipes With  
so that anyone  
Pictures And  
that tastes  
Nutritional Values  
your food would

always come  
back for more.

? So, let's  
prepare some of  
the best Air  
Fryer Recipes  
for your  
ultimate

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enjoyment!

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Make the most  
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that's changing  
the way today's

families cook

with Taste of

Home Everyday

Air Fryer. This

all-new

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cookbook  
Everyday Air Fryer  
features 100+  
Recipes With  
quick dinners,  
Pictures And  
simple snacks  
Nutrition Values  
and in-a-pinch

sweets—all made  
easy in the air  
fryer any night  
of the week.

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of the  
appliance  
that's changing

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the way today's  
Everyday Air Fryer  
families cook  
Recipes With  
with Taste of  
Pictures And  
Home Everyday  
Air Fryer. This

all-new  
cookbook  
features 100+  
quick dinners,  
simple snacks  
and in-a-pinch  
sweets—all made  
easy in the air

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fryer any night of the week.

Looking for crispy fried chicken without all the fat?

Taquitos and wontons you can air-fry when a snack attack strikes? You also get side dishes that

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Basic Recipes For  
free up the  
Everyday Air Fryer  
range, kid-  
Recipes With  
pleasing bites  
Pictures And  
and fresh-baked  
Nutritional Values

treats for lazy  
mornings. Air  
fry all of  
these family  
favorites and  
more without  
the mess, time,  
fat or worry.

It's a snap



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Basic Recipes For  
with the brand-  
Everyday Air Fryer  
new Everyday  
Air Fryer. With  
Pictures And

100 Effortless  
And Tasty Values

Recipes For  
Beginners

100 Fun & Tasty  
Recipes For

Healthier  
Families

Healthy Vegan  
Air Fryer

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Cookbook 100  
Basic Recipes For  
Cookbook  
Everyday Air Fryer  
Taste of Home  
Recipes With  
Everyday Air  
Fryer Pictures And  
Nutritional Values