

Touch

When an old acquaintance reaches out to Stone Barrington requesting assistance, the job seems easy enough. She needs an expert in an esoteric field, someone with both the knowledge and careful dexterity to solve a puzzle. But the solution to one small problem blows the lid open on a bigger scandal going back decades.

Why we need a daily dose of touch: an investigation of the effects of touch on our physical and mental well-being. Although the therapeutic benefits of touch have become increasingly clear, American society, claims Tiffany Field, is dangerously touch-deprived. Many schools have "no touch" policies; the isolating effects of Internet-driven work and life can leave us hungry for tactile experience. In this book Field explains why we may need a daily dose of touch. The first sensory input in life comes from the sense of touch while a baby is still in the womb, and touch continues to be the primary means of learning about the world throughout infancy and well into childhood. Touch is critical, too, for adults' physical and mental health. Field describes studies showing that touch therapy can benefit everyone, from premature infants to children with asthma to patients with conditions that range from cancer to eating disorders. This second edition of *Touch*, revised and updated with the latest research, reports on new studies that show the role of touch in early development, in communication (including the reading of others' emotions), in personal relationships, and even in sports. It describes the physiological and biological effects of touch, including areas of the brain affected by touch, and the effects of massage therapy on prematurity, attentiveness, depression, pain, and immune functions. Touch has been shown to have positive effects on growth, brain waves, breathing, and heart rate, and to decrease stress and anxiety. As Field makes clear, we enforce our society's touch taboo at our peril.

We are out of touch. Many people fear that we are trapped inside our screens, becoming less in tune with our bodies and losing our connection to the physical world. But the sense of touch has been undervalued since long before the days of digital isolation. Because of deeply rooted beliefs that favor the cerebral over the corporeal, touch is maligned as dirty or sentimental, in contrast with supposedly more elevated modes of perceiving the world. *How to Feel* explores the scientific, physical, emotional, and cultural aspects of touch, reconnecting us to what is arguably our most important sense. Sushma Subramanian introduces readers to the scientists whose groundbreaking research is underscoring the role of touch in our lives. Through vivid individual stories—a man who lost his sense of touch in his late teens, a woman who experiences touch-emotion synesthesia, her own efforts to become less touch averse—Subramanian explains the science of the somatosensory system and our philosophical beliefs about it. She visits labs that are shaping the textures of objects we use every day, from cereal to synthetic fabrics. The book highlights the growing field of haptics, which is trying to incorporate tactile interactions into devices such as phones that touch us back and prosthetic limbs that can feel. *How to Feel* offers a new appreciation for a vital but misunderstood sense and how we can use it to live more fully.

This book puts a finger on the nerve of culture by delving into the social life of touch, our most elusive yet most vital sense. From the tortures of the Inquisition to the corporeal comforts of modernity, and from the tactile therapies of Asian medicine to the virtual tactility of cyberspace, *The Book of Touch* offers excursions into a sensory territory both foreign and familiar. How are masculine and feminine identities shaped by touch? What are the tactile experiences of the blind, or the autistic? How is touch developed differently across cultures? What are the boundaries of pain and pleasure? Is there a politics of touch? Bringing together classic writings and new work, this is an essential guide for anyone interested in the body, the senses and the experiential world.

Aspen I've watched my sister struggle to find the happily ever after that she deserves. I know love doesn't happen overnight, but a man like Conrad Riggins almost makes me believe in forever. The hottie Riggins brother has always been a shameless flirt, but the way his gaze slowly travels over my towel-clad body heats things up a few degrees. I tell myself that we're just caught up in the moment. After the wedding, everything will go back to normal. He will be the carefree bachelor, and I'll be the woman who kept him warm for the most incredible night of my life. Conrad Thanks to my brother's impending nuptials, I'm sent to our family cabin to keep the bride's sister company while she does whatever is it that bridesmaids do. Aspen Steele is a force to be reckoned with and even more beautiful than I realized. It takes being trapped in a snowstorm with her for me to realize she's my magic. And when our scheduled time comes to an end, I'm not ready to let go. She thinks we're just passing the time, but that's not how our story ends. Touch by Touch, I'll prove her wrong.

An entertaining picture book that teaches the importance of asking for permission first as a young girl attempts to escape the curious hands that want to touch her hair. It seems that wherever Aria goes, someone wants to touch her hair. In the street, strangers reach for her fluffy curls; and even under the sea, in the jungle, and in space, she's chased by a mermaid, monkeys, and poked by aliens...until, finally, Aria has had enough! Author-illustrator Sharee Miller takes the tradition of appreciation of black hair to a new, fresh, level as she doesn't seek to convince or remind young readers that their curls are beautiful--she simply acknowledges black beauty while telling a fun, imaginative story.

"Sloane Jacobsen is the most powerful trend forecaster in the world ... and global fashion, lifestyle, and tech companies pay to hear her opinions about the future. Her recent forecasts on the family are unwavering: the world is overpopulated, and with unemployment, college costs, and food prices all on the rise, having children is an extravagant indulgence. So it's no surprise when the tech giant Mammoth hires Sloane to lead their groundbreaking annual conference, celebrating the voluntarily childless. But not far into her contract, Sloane begins to sense the undeniable signs of a movement against electronics that will see people embracing compassion, empathy, and 'in-personism' again"--

Written for those working to heal developmental trauma and seeking new tools for self-awareness and growth, this book focuses on conflicts surrounding the capacity for connection. Explaining that an impaired capacity for connection to self and to others and the ensuing diminished aliveness are the hidden dimensions that underlie most psychological and many physiological problems, clinicians Laurence Heller and Aline LaPierre introduce the NeuroAffective Relational Model® (NARM), a unified approach to developmental, attachment, and shock trauma that, while not ignoring a person's past, emphasizes working in the present moment. NARM is a somatically based psychotherapy that helps bring into awareness the parts of self that are disorganized and dysfunctional without making the regressed, dysfunctional elements the primary theme of the therapy. It emphasizes a person's strengths, capacities, resources, and resiliency and is a powerful tool for working with both nervous system regulation and distortions of identity such as low self-esteem, shame, and chronic self-judgment.

Inspired by the Montessori method of education this tactile book of textures engages children with the natural world through touch and encourages children to interact imaginatively with their environment. In this touch and feel book of textures, children can squish the sea sponge, scrape the rough tree bark, and touch the sheep's fluffy fleece while learning about the natural world around them. *My World* is an engaging series inspired by the Montessori method of education where each title features hands-on, practical learning. Enthusiastic young learners can explore many exciting topics presented in creative, unique formats.

An essay on the importance of touch to children's growth and development and to the physical and mental well-being of people of all ages. The first sensory input in life comes from the sense of touch while a baby is still in the womb, and touch continues to be the primary means of learning about the world throughout infancy, well into childhood. Touch is critical for children's growth, development, and health, as well as for adults' physical and mental well-being. Yet American society, claims Tiffany Field, is dangerously touch-deprived. Field, a leading authority on touch and touch therapy, begins this accessible book with an overview of the sociology and anthropology of touching and the basic psychophysical properties of touch. She then reports recent research results on the value of touch therapies, such as massage therapy, for various conditions, including asthma, cancer, autism, and eating disorders. She emphasizes the need for a change in societal attitudes

toward touching, particularly among those who work with children.

Nicholas Ford, a successful club owner in his mid-thirties, decided a while back to deny his Daddy nature in order to follow his family's advice and settle down. The day before he is to attend his girlfriend's sister's wedding, he makes an appearance at his BDSM club and runs into Kayla, a bubbly Little Girl who captures his undivided attention. Look but don't touch, Nicholas tells himself. What he doesn't know is that Kayla's in town to go to her cousin's wedding...

• Ideal for babies and toddlers. • Touch and feel elements. • Fun Rhyming text.

Scholastic Early Learners: An interactive cloth book ideal for early learning and motor skills development. Perfect for babies! Shake Look Touch is a novelty cloth book complete with a rattle, teether, mirror, touches, and a backboard. Includes an easy-carry handle and bright artwork. Ideal for early literacy and for infants and toddlers developing their motor skills! Scholastic Early Learners: Interactive books for hands-on learning. Perfect for babies, toddlers, preschoolers, kindergartners, and first graders, too!

Larry the lovable monster from Don't Push the Button! is back with another hilarious, interactive adventure! I know what you're thinking: this is a pretty cool-looking book. But... DON'T TOUCH THIS BOOK! (Don't even try it, bub.) Okay, okay. You can touch, but you can only use ONE finger. Whoa. How'd you do that? Larry is a loveable monster, but he has trouble sharing. It's up to you to show him how it's done!

"Wealth manager Brigit Farnay despises Colton Mitus. And with good reason. He ripped away her family's company during the most painful time in her life. Forced to work with him, she can't deny that Colton is gorgeous, brilliant, commanding. And the enemy. Her traitorous body craves his touch every moment of every day. And then she finds out about the erotic games he plays.... Corporate raider Colton Mitus is success and power personified. He demands control in the boardroom and in the bedroom. So he shouldn't be tempted by the newest member of the Mitus team. But he is. Brigit challenges him and frustrates him, but also quiets the demons that haunt him, especially as she agrees to be drawn into his secret, sinful world. The most lucrative deal of Colton's career places Brigit's family's company in jeopardy. When old enemies return hell-bent on ruining him, Brigit is the only person who can save him. But she's been keeping secrets that could destroy everything..." ~ From back cover.

Technology allows us to communicate across vast distances but something is lost in translation. Busy lives result in neglected relationships and patterns of behavior that discourage intimacy. Touch: The Power of Human Connection illustrates 19 positions designed to bring you closer to the people you value and achieve true fulfillment. More importantly, Touch reveals the science behind cuddling and why it is such a fundamental need. While no book guarantees happiness, Touch comes awfully close. This book shows you how to improve your health, boost your personal energy, strengthen your relationships, satisfy your partner and approach life with confidence. Samantha Hess created a work of astonishing power and grace.

The "New York Times" bestselling author of "The Compass of Pleasure" examines how our sense of touch is interconnected with our emotions Dual-function receptors in our skin make mint feel cool and chili peppers hot.

Child development specialists have shown that children learn best when they acquire knowledge through multiple senses. Not only sight and sound, but touch as well, are critical elements in their development. Children love learning to name objects, and they are in for a multisensory treat with this big book containing 150 words and 30 touch-and-feel elements. Featuring many things familiar in a young child's world—a soft blanket, the smooth skin of a dolphin, a rough-textured sack—this generously oversized volume helps young readers build vocabulary and develop picture and word associations. The perfect baby shower gift!

Follows a baby stroking a beard, patting a cat, and cuddling a blanket.

Quantum-Touch is the touch-based healing technique that uses the chi of both practitioner and client, bringing them into harmony to allow the body to heal itself. Quantum-Touch differs from other healing techniques because it does not require long years of study and presents none of the common hurdles of understanding or application; anyone can learn to use it to become a healer, both of others and of self. In this new edition of his best-selling guide, Richard Gordon leads the reader step by step, clearly explaining how to use breathing and body-focusing techniques to raise one's energy levels. Once that is achieved, the healer can correct posture and alignment, reduce pain and inflammation, help balance emotional distress, and even heal pets. Above all, Quantum-Touch can be used in tandem with all other healing modalities, including Western medicine, and its efficacy has been attested to by physicians, acupuncturists, chiropractors, and other healing professionals.

Grandmothers from eight eastern African countries welcome you into their kitchens to share flavorful recipes and stories of family, love, and tradition in this transporting cookbook-meets-travelogue. "Their food is alive with the flavors of mangoes, cinnamon, dates, and plantains and rich with the history of the continent that had been a culinary unknown for much too long."--Jessica B. Harris, food historian, journalist, and public speaker NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY The New Yorker - The New York Times Book Review - The Washington Post - Bon Appétit - NPR - San Francisco Chronicle - Food Network - Vogue - Delish - The Guardian - Smithsonian Magazine - Salon - Town & Country In this incredible volume, Somali chef Hawa Hassan and food writer Julia Turshen present 75 recipes and stories gathered from bibis (or grandmothers) from eight African nations: South Africa, Mozambique, Madagascar, Comoros, Tanzania, Kenya, Somalia, and Eritrea. Most notably, these eight countries are at the backbone of the spice trade, many of them exporters of things like pepper and vanilla. We meet women such as Ma Shara, who helps tourists "see the real Zanzibar" by teaching them how to make her famous Ajemi Bread with Carrots and Green Pepper; Ma Vicky, who now lives in suburban New York and makes Matoke (Stewed Plantains with Beans and Beef) to bring the flavor of Tanzania to her American home; and Ma Gehennet from Eritrea who shares her recipes for Kicha (Eritrean Flatbread) and Shiro (Ground Chickpea Stew). Through Hawa's writing--and her own personal story--the women, and the stories behind the recipes, come to life. With evocative photography shot on location by Khadija Farah, and food photography by Jennifer May, In Bibi's Kitchen uses food to teach us all about families, war, loss, migration, refuge, and sanctuary.

SHE KNOWS WHERE TO FIND THE BODY When Raina Hamish tries on a dress in a Miami boutique, she has a terrifyingly accurate vision of a murdered corpse in the murky shadows of the Everglades. She wants to help, but who would believe her when she can hardly believe herself? Special Agent Axel Tiger has returned to Florida to help hunt a serial killer, but the investigation doesn't have much to go on. Raina's vision is their best chance to uncover more. Axel's experience with the FBI's elite paranormal team will nurture Raina's abilities, and she may be able to help save a life—but it puts her directly in the crosshairs of a killer who is closer than they would ever suspect.

Whether it's fearful side hugs on one side or sexual abuse on the other, both the culture and the church aren't doing very well with touch. Singles are staying single longer, dating is wrought with angst over purity, and marriages struggle to not interpret all forms of touch as sexual. Even the Bible seems to have endless rules about not touching things. There is simply no place where touch doesn't seem threatened or threatening. But a curious thing happens when Jesus comes into His ministry: He touches. Jesus touches the sick and the outcast, the bleeding and the unclean. What could it mean for families, singles, marriages, churches, communities, and the world to have healthy, pure, faithful, ministering touch? Somewhere in the mess of our

assumptions and fears about touch, there is something beautiful and good and God-given. As Jesus can show us, there is ministry in touching.

An introduction to the five senses and the organs that perform the functions of sight, hearing, smell, taste and touch.

A tactile silicone touch-and-feel book with woodland creatures.

Featuring over 20 fabrics and textures, each page has a tactile centre-piece surrounded by images for children to name. Touch the fabrics and look at the pictures for a great introduction to colours.

The secrets of a picture perfect family are exposed in this “tour de force” thriller from #1 New York Times bestselling author Lisa Gardner. Ten minutes after walking the elite Back Bay townhouse and investigator Tessa Leoni already doesn't like what she sees. Signs of an abduction. Clearly the work of professionals. At best, the entire family has been kidnapped. At worst... The more Tessa learns about the Denbe family, the less she likes their chances. What might have looked like the perfect existence—a powerful CEO, his adoring wife, their angelic child—is not what it appears. Husband, wife, daughter—magazine perfect, but each hiding dark secrets... Tessa knows more than she'd like to about families riddled with lies. What she doesn't know is where the Denbes are and if any of them are still breathing. She'll have to climb over unbending feds and territorial local cops to find out, and if she's not fast, the Denbes' chances of survival will quickly become little more than touch and go... *Associated Press

“A witty, inventive, and bittersweet” (Beth Hoffman, New York Times bestselling author) love story for anyone who's ever wanted something—or someone—just out of reach, *Close Enough to Touch* will delight fans of Jojo Moyes's *One Plus One* and Graeme Simsion's *The Rosie Project*. Can you miss something you never had? Jubilee Jenkins is no ordinary librarian. With a rare allergy to human touch, any skin-to-skin contact could literally kill her. But after retreating into solitude for nearly ten years, Jubilee's decided to brave the world again, despite the risks. Armed with a pair of gloves, long sleeves, and her trusty bicycle, she finally ventures out the front door—and into her future. Eric Keegan has troubles of his own. With his daughter from a failed marriage no longer speaking to him, and his brilliant, if psychologically troubled, adopted son attempting telekinesis, Eric's struggling to figure out how his life got so off course, and how to be the dad—and man—he wants to be. So when an encounter over the check-out desk at the local library entangles his life with that of a beautiful—albeit eccentric—woman, he finds himself wanting nothing more than to be near her. Charming and utterly unique, *Close Enough to Touch* is “a story that overflows with compassion, humor, and the impulsive need to read just one more chapter until you reach the very satisfying end” (Patti Callahan Henry, New York Times bestselling author).

A material history of haptics technology that raises new questions about the relationship between touch and media Since the rise of radio and television, we have lived in an era defined increasingly by the electronic circulation of images and sounds. But the flood of new computing technologies known as haptic interfaces—which use electricity, vibration, and force feedback to stimulate the sense of touch—offering an alternative way of mediating and experiencing reality. In *Archaeologies of Touch*, David Parisi offers the first full history of these increasingly vital technologies, showing how the efforts of scientists and engineers over the past three hundred years have gradually remade and redefined our sense of touch. Through lively analyses of electrical machines, videogames, sex toys, sensory substitution systems, robotics, and human–computer interfaces, Parisi shows how the materiality of touch technologies has been shaped by attempts to transform humans into more efficient processors of information. With haptics becoming ever more central to emerging virtual-reality platforms (immersive bodysuits loaded with touch-stimulating actuators), wearable computers (haptic messaging systems like the Apple Watch's Taptic Engine), and smartphones (vibrations that emulate the feel of buttons and onscreen objects), *Archaeologies of Touch* offers a timely and provocative engagement with the long history of touch technology that helps us confront and question the power relations underpinning the project of giving touch its own set of technical media.

From New York Times Bestseller *Pepper Winters* writing as Tess Hunter, comes a sarcastic, sexy standalone full of men with big 'you know whats', puppies, pigmy pigs, and swoon-worthy moments. I don't want to touch it. I really, really don't. He's egotistical, crass, and my patient's owner--which makes him totally off limits. Yep, that's right. He owns the wiener I'm currently working on. A wiener dog--get your dirty mind out of the gutter. I've also worked on his Spoodle, his Cocker-shitzu, and a Cheagle--don't ask. (And no, it's not a sexual position). It doesn't help that he also represents most of my joint-owned veterinary practice's small clientele. We'd only just opened the doors a few months ago, and in he strode with a yelping Taco Terrier. One haughty look at our sparkling new facilities, he'd demanded royal treatment, even though I was currently finger deep up a squalling tom cat. Ever since then, he expects me to serve him. Any time. All the time. Him and his revolving zoo of dogs. One of these days, I'm going to swat him for being such a pompous ass but I can't deny the way he handles his charges makes me want to see past the 'do as I say and don't ask questions' barking exterior. But then last week...he caught me staring at his um, cough, package. His bossy commands switched to a cocky smirk. He gave me permission to do something I promised myself I would never ever do. I can touch it. If I want...

This monster-themed, touch-and-feel book is perfect for young children! Children will love reading the funny rhyme that tells them the dangers of touching a monster and then ignoring the advice!

Richard Kearney offers a timely call for the cultivation of the basic human need to touch and be touched. Making the case for the complementarity of touch and technology, this book is a passionate plea to recover a tangible sense of community and the joys of life with others.

Rooted in multimodal conversation analysis and based on video recordings of naturally occurring social interactions, this book presents a novel analytical perspective for the study of touch. The authors focus on how different forms of touch are interactionally organized in everyday, institutional, and professional practices, showing how touch is multimodally achieved in social interaction, how it acquires its significance, how it is embedded in the current activity and in its social context, and how it is systematically intertwined with talk, facial expressions, and body posture. Including work by a wide range of renowned researchers, this volume provides rich visual illustrations of

